TRIMEDEA

For a healthy body and mind



Valuable tips and products for your health

TRIMEDEA

For a healthy body and mind

TRIMEDEA International LLC and the Forschungsverein Gesundheit und Sport (Research Association for Health and Sport, FGS) complement each other perfectly, as both have set themselves the primary goal of providing interested parties and customers with detailed information. The result: a comprehensive service offering new basic information on health topics and clinical pictures – well-founded, clear, and understandable.

INDEPENDENT REPORTING

The FGS examines and evaluates various diagnostic and therapeutic procedures according to biological, physiological, and natural principles – independent of existing hypotheses, dogmas, and belief systems. By viewing symptoms and disease patterns from a different perspective, many people have already made unconventional and healthy decisions for themselves. In conventional medicine, often only one side of the coin is known – the FGS informs you about the second side. Everyone should know what's happening in their own body to become as independent as possible from so-called experts. It's less complicated than you think!

Many theories from science/conventional medicine were once considered irrefutable and elevated to dogma. Today, they are outdated or completely revised. And so, it goes on: scientific theories are regularly proposed and discarded. Fortunately, nature's principles don't have such a short half-life: we humans have our senses to perceive ourselves and our environment. This way, we can sense our body as the most sensitive measuring instrument and listen to it. If something is out of balance, we feel it and should get to the root of the cause.

PEOPLE AT THE CENTER

Through its work, the FGS aims to offer new approaches to diagnostic and therapeutic procedures as well as innovative products in harmony with nature, and to accompany people on this path. It is equally important to understand the immediate connections (cause and effect) of our own thinking in order to act accordingly. Even with holistic therapies, realistic goals are an essential prerequisite for success. As long as I have unrealistic goals, I can only experience failure - with all its consequences.

Legal notice: Our information serves personal education and does not replace a visit to a doctor. Many interesting articles and valuable information on various health topics can be found on the website of FGS: www.gesundheit-und-sport.com

TRIMEDEA

With the products of the TRIMEDEA series, we would like to provide you with the essential pillars of vital building blocks for our metabolism in a synergistic way.

COLLOIDAL METALS
Tiny high-energy particles for a healthy body and mind
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MAGNEA
Instant effects on joint, muscle, and nerve pain
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ZEOLITH Pur
Ultrafine powder, activated & energized for optimal detox effects
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SILIZIUM Pur
Bioavailable silicon for detox, structural support, and energy generation
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SANGO Pur
Basic supply of minerals and trace elements
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CDS
CHLORINE DIOXID
Proven for pathogenic germs, fungi and parasites, circulation & oxygen supply

RMS L+
LACTIC ACID DROPS
Healthy gut flora and pH balance in blood and connective tissue
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Colloidal Metals by

TRIMEDEA

For a healthy
body and mind



ESSENTIAL TRACE ELEMENTS FOR IMPORTANT PROCESSES IN YOUR METABOLISM

Colloidal gold, silver, platinum, and other key metals have been successfully used for centuries to treat various symptoms and ailments. What used to be very laborious can now, thanks to technological progress, be produced more easily, quickly, and cost-effectively.

WHAT ARE COLLOIDAL METALS?

True colloidal metals are very fine metal particles that float in water without bonding with it – unlike ionic metal solutions, which are always produced through electrolysis. The particle size in the liquid dispersion ranges from 1 to 20 nanometres (1 nm = one billionth of a meter). The method of production significantly affects their properties, quality, bioavailability, and effect in the body.

PRODUCED USING THE HIGH-VOLTAGE PLASMA METHOD

At Trimedea, we chose the complex high-voltage plasma process with 10,000 volts. This is the only method that, when correctly applied, achieves the best possible quality of colloids: smallest particle size, highest energy content, optimal bioavailability, long shelf life, suspension state. Real colloids are more effective, more energetic, and more stable, do not bond with other substances, do not accumulate in tissues, and are free of overdose risks.

Produced using the high-voltage plasma process
from 99.9% to 99.99% pure metals
At 10 ppm: Gold, Silver, Copper, Zinc, Chromium,
Iron, Molybdenum, Vanadium, Silicon, Indium
At 5 ppm: Platinum, Iridium, Cobalt, Tantalum,
Palladium, Germanium, Rhodium, Rhenium

PREMIUM QUALITY
PRODUCED USING THE HIGH-VOLTAGE PLASMA PROCESS

ADVANTAGES OF GOLD, SILVER, AND PLATINUM IN DETAIL

COLLOIDAL
GOLD
10 PPM

- Increases brain activity and IQ
- Supports and promotes detoxification processes
- Has a rejuvenating and mood-lifting effect
- Stimulates and activates the endocrine glands
- Enhances sensitivity and creativity
- Increases motor and cognitive performance
- Improves joint mobility

COLLOIDAL
SILVER
10 PPM

- Inhibits inflammation and infections
- Natural antibiotic for many ailments
- Supports the formation of the body's own stem cells
- Accelerates cell repair processes
- Regulates bacterial imbalances
- Accelerates wound healing in burns, cuts and open wounds

COLLOIDAL
PLATINUM
5 PPM

- Increases concentration and creativity
- Strengthens the immune system
- Improves communication in the nervous system
- Has a mood-lifting effect and reduces mood swings
- Calms the psyche and helps with nervous disorders
- Activates the brain and increases memory function

HOW DO YOU USE COLLOIDAL METALS?

The lower the concentration and the smaller the particles, the better colloidal metals work. They are especially effective at low concentrations (5–10 ppm) and small particle sizes (< 20 nm). Ideally, hold the liquid in your mouth for 10 seconds – this allows the tiny particles to pass through the oral mucosa directly into the bloodstream.

Use a plastic or wooden spoon or a 30 ml measuring cup for dosing. The energetic colloids should never be used with metal spoons or containers! It is also helpful to lightly spray affected body areas with a spray bottle. For internal use, simply spray the liquid into the mouth using the spray dispenser.

BOOSTER STARTER SET TO REPLENISH STORES

For beginners, we recommend a combination of the three most important colloidal metals: one bottle each (500 ml) of gold, silver, and platinum is included in our booster starter set. Additionally, you receive one bottle (1 litre) of gold or platinum – your choice. And a spray bottle (100 ml) with a colloidal metal of your choice. The set serves both to familiarize yourself with our products and their quality – and to quickly replenish important "brain metals" gold and platinum. Our brain is the central control centre that regulates all systems and organs.

NOTES, INSTRUCTIONS, AND RECOMMENDATIONS FOR THE USE OF COLLOIDAL METALS

To allow the effects of Trimedea's colloidal metals to fully unfold, please observe our instructions and tips on application, dosage, and storage.

For beginners, we recommend quickly replenishing the body's own reserves: it's best to start with the "nerve and brain metals" such as gold, platinum, cobalt, iridium, rhodium, and/or palladium, if included in the packages. This serves both to get to know our products and their quality – and to quickly replenish the important catalytically highly active "brain metals."
You can take 3–5 different metals per day, spaced 15 minutes apart. Whether you take 3 in the morning and 2 in the evening, or all in a row (with at least 15 minutes between them) is up to you. The metals remain in the body until they are no longer usable by the metabolism – they are then excreted via urine. You can consume the 1-liter bottles within 7 to 30 days, depending on how quickly you want to replenish your reserves. If using different sets, alternate by taking, for example, detox metals one day, and brain metals the next.

Once the desired level is reached, you can pause or continue with a maintenance dose as needed. The more natural your diet and the better the soil where your food is grown, the fewer colloids you need. More on this under the heading: "Binding Recommendations."

APPLICATION OF COLLOIDAL METALS

Ideally, hold the liquid in your mouth for 10 seconds, so the colloid particles can enter the bloodstream directly through the oral mucosa. Then swallow. Use a plastic or wooden spoon (not metal!) or a 30 ml measuring glass for dosage.

For external use, apply the colloids to the inner elbow or wrist (e.g., for toddlers). You can also spray affected body areas lightly using a spray bottle. For internal use, spray directly into the mouth using the spray dispenser – the colloids will be absorbed through the mucous membrane. For pets, simply add the colloids to their drinking water. For injuries, pain, or skin issues, spray directly onto the affected area.

TRANSPORT AND STORAGE OF COLLOIDAL METALS

Keep bottles away from electromagnetic sources such as sockets, microwaves, induction stoves, refrigerators, etc. Store at room temperature, away from direct sunlight (a pantry or cupboard is ideal).

Please note: Do not let colloids come into contact with metal – avoid using metal spoons. Do not drink directly from the bottle – this may cause contamination. Always use a plastic spoon or measuring glass.

Shelf life: unopened 12 months (exception: Platinum – 3 months), After opening please check smell and taste before use. Effectiveness may diminish over time.

Keep out of reach of children. In case of accidental overconsumption: No worries – real colloids do not accumulate in the body.

DOSAGE RECOMMENDATIONS

Adults: approx. 30 ml once daily

Children: approx. 15 ml once daily

Toddlers: approx. 3–10 ml once daily

Take morning, noon, or evening before meals. Note: Gold has an activating effect and should not be taken in the evening or before sleep. If needed, adults can increase their daily dose to 2 x 30 ml.

IMPORTANT NOTE IMPORTANT NOTE

There should be at least 15 minutes between taking different colloids. Gold should not be taken late in the evening due to its stimulating effect. Unlike other forms, colloids do not compete with other elements during absorption.

They also don't interfere with antagonists, so they can be taken in succession. Consume opened bottles within 30–60 days! (Air always enters when opened, and airborne particles can react with some catalytically active metals.) Tip: You can filter out any particles with an unbleached coffee filter.

WHAT DO COLLOIDS TASTE LIKE?

Neutral – like pure water. In rare cases, slightly metallic – but with our concentrations (5–10 ppm), that's very rare.

TAKING COLLOIDS WITH BRACES OR METAL IMPLANTS

The surface area of metal parts like braces, dentures, or fillings is relatively small compared to the volume of the mouth – therefore completely safe.

However, do not use a metal spoon – its surface area is much larger.

You can take colloidal metals in two ways:
a) Swallow immediately so the contact with metal parts is minimal.
b) Hold in the mouth for 10 seconds so some colloids are absorbed through the oral mucosa, then swallow.

If swallowed immediately, the colloids travel via stomach and intestines into the bloodstream and are distributed throughout the body. Colloids are electrically neutral (unlike ionic solutions made via electrolysis). On their way through the body, they do not react or bond with other elements (such as supplements, food, drinks, etc.).

BINDING RECOMMENDATIONS CANNOT BE GIVEN, AS EACH PERSON HAS:

- different eating habits
- different physical conditions and activity levels
- different family, professional, and social environments
- varying nutrient levels in regional foods
- possibly individual deficiencies or symptoms of deficiency



SETS FOR SPECIAL REQUIREMENTS

The combination of selected colloids can do a lot of good for our bodies. That's why we offer you sets for various health-related topics: Three to five metals plus additional products from our range are specifically coordinated to fully unfold their synergistic power for your health.

On the following pages and on the Trimedea website, you'll find a large selection of Starter, Power, and Special Sets tailored to your needs. If the right one isn't there for you, just contact us – we'll create the ideal combination for you. And the best part: The most expensive colloid is always included for free in our sets.



POWER SET DETOX AND VACCINE ELIMINATION

The carefully selected combination of colloids enhances detoxification performance and vaccine elimination in the body. The five colloids Tantalum, Copper, Zinc, Gold, and Germanium complement each other perfectly to activate the body's own protection and detoxification mechanisms and accelerate repair processes. Improved circulation, oxygen uptake, and energy production, as well as binding and elimination of vaccines and harmful excipients, are the goal of this detox combination.



POWER SET BRAIN AND CREATIVITY

The power set for enhanced brain activity and increased creativity: The five "brain metals" Gold, Platinum, Palladium, Iridium, and Rhodium complement each other perfectly to refresh our body's own reserves and effectively boost brain performance and creativity. The combination of these colloids optimizes nerve and brain function in many ways and increases intuition, perception, and sensitivity.



POWER SET OXYGEN AND ENERGY

The power set for enhanced performance and more power: The five colloids Gold, Iron, Chromium, Germanium, and Cobalt complement each other to increase performance and energy.

Shortly after intake, lung function and oxygen supply improve, and our energy level rises.



STARTER SET VACCINE ELIMINATION AND DETOX



This set boosts detox and repair processes in the body, especially in cases of exposure to vaccines and heavy metal compounds. The selected colloids in combination with Zeolite Pur (see page 20) push detox metabolism into high gear, especially for complaints currently caused by vaccines and vaccine additives.

The three colloidal metals Tantalum, Copper, and Zinc work synergistically to bind and eliminate toxins.

EYE SPECIAL SET:



COLLOIDAL GERMANIUM FOR SHARPER VISION, RELIEF FROM TIRED EYES

Colloidal germanium, produced using the high-voltage plasma process with 10,000 volts (no electrolysis), immediately improves blood circulation, oxygen transport, and the efficiency of energy production in the mitochondria. Because of this, effects are usually noticeable immediately:

- **Increased visual sharpness, clearer vision**
- **Tired eyes become fresh and vital (daily use as spray is beneficial)**
- **Acceleration of regeneration and repair processes of the eyes**

For intense screen work or driving, frequent use is highly recommended – if you aim for a healthy balance and act bio-logically!

APPLICATION AND DOSAGE

Drop 1–2 drops into each eye (or several sprays depending on bottle type), then blink lightly so that the colloidal germanium spreads. After about 30 seconds, tired eyes should feel fresher again.

At first use, conditions should be such that the effect can be clearly felt – e.g., when the eyes are very tired (from driving, screen work, etc.).

With colloidal germanium, the effect should be noticeable shortly after use.
Use can be repeated several times a day if needed.

STARTER SET BRAIN, BURNOUT & DEPRESSION

This set with Gold, Platinum, and Cobalt activates brain metabolism and creativity.

It leads to faster problem-solving and accelerates thought processes. The colloids rev up your brain, lift the mood, bring clarity and decisiveness. The Silver spray helps with acute injuries, inflammations, and pain.



SPECIAL SET INSULIN, SUGAR METABOLISM & CRAVINGS

The four colloids Chromium, Vanadium, Gold, and Platinum complement each other perfectly to optimize sugar and insulin metabolism (e.g., in diabetes), reduce cravings for sweets and enhance brain performance and creativity. Colloidal Silver works as an acute aid for injuries, inflammation, and wounds.



SPECIAL SET ALLERGIES & HAY FEVER

The three colloids Silver, Cobalt, and Gold work together to alleviate acute allergic symptoms.
For internal and external use with itchy, watery eyes, itching in ears and throat, or runny nose.
Plus: our nasal spray made from colloidal metals. Fast relief without side effects.



SPECIAL SET BONES, OSTEOPOROSIS AND WOUND HEALING

Colloidal Silicon, Colloidal Gold, Sango Coral, and Silicon Dioxide in ultra-fine particle size for optimal bioavailability:

This special combination creates the conditions for rapid and effective repair processes in cases of increased bone loss, bone fractures (e.g., hip, foot/knee joints, arm, collarbone, jawbone, spine) and for callus formation. It strengthens bone metabolism (osteoporosis) and speeds up wound healing after fractures.



TRIMEDEA-SET
WITH COLLOIDAL METALS, SANGO PUR AND BERRY VITAL

Secure your basic supply with the best from our range in unique Trimedea quality as a one-month or three-month pack:

1000 ml Colloidal Gold: Boosts brain activity and IQ

1000 ml Colloidal Platinum: Activates brain performance, creativity, and concentration

100 g Sango Pur: Basic supply of minerals and trace elements

250 ml Berry Vital: The most valuable secondary plant substances from 8 power berries

100 ml Colloidal Silver: Fast aid for injuries, wounds, and inflammation



TRIMEDEA SMART-SET
FOR CLARITY, CONCENTRATION AND FREE BREATHING

Colloidal Platinum + Colloidal Nasal Spray + Colloidal Silver Spray + Colloidal Eye Drops: Fast relief for more concentration, mental clarity, free breathing, alert eyes, and inflammation or pain. Get to know various colloidal metals and their wide range of applications:

- **Platinum:** activates the brain and boosts creativity
- **Silver spray:** helps with wounds
- **Nasal spray:** clears breathing
- **Germanium drops:** ensure clear vision

All products optimally protected in violet glass bottles.



TRIMEDEA MIX
AN INTRODUCTORY MIX FROM THE TRIMEDEA RANGE

An introductory mix of selected products from the Trimedea range:

500 ml colloidal gold + 500 ml colloidal silver + 500 ml colloidal cobalt + 250 ml Berry Vital + 200 ml RMS L+ + 50 ml colloidal nasal spray + 100 ml Skin Repair + 100 ml colloidal silver spray + 100 ml colloidal germanium + 180 g Zeolith Pur + 100 g Sango Pur.

All products optimally protected in violet glass bottles.



MORE SPECIAL SETS

TRIPLE SET MIX:
3 X 500 ML COLLOIDAL METALS + 1 FREE

Choose from eight combinations of three different colloidal metals:

- **Gold, Platinum, and Silver**
- **Gold, Platinum, and Cobalt**
- **Platinum, Iridium, and Rhodium**
- **Iridium, Rhodium, and Palladium**
- **Copper, Zinc, and Silver**
- **Copper, Silicon, and Zinc**
- **Molybdenum, Vanadium, and Cobalt**
- **Chromium, Iron, and Cobalt**



Choose one variant with 3 x 0.5 litres and receive an additional 0.5-liter bottle of a colloidal metal of your choice for free.

SKIN REPAIR: COLLOIDAL SILICON, COPPER, SILVER, ZINC AS SPRAY



Four perfectly harmonized colloidal metals work in synergy for a variety of skin issues.
Colloidal Silicon, Copper, Silver, and Zinc, each at 10 ppm, for external use in a 100 ml spray bottle.

TRAVEL SET WITH THE 4 MOST IMPORTANT COLLOIDAL METALS FOR ON THE GO



4 x 100 ml in violet glass spray bottles:
Colloidal Silver for acute injuries, wounds, swelling, and inflammation; Zinc for joint and muscle pain; Cobalt for allergy symptoms (in combination with Silver) and as nerve nourishment (Vitamin B12) and Germanium for tired eyes and decreasing vision during the day due to visual strain.

FURTHER SETS AND OFFERS CAN BE FOUND IN THE SHOP AT

TRIMEDEA

TRIMEDEA.COM

SPECIAL SET EYES FOR VITALITY, VISION & REGENERATION

- **Colloidal Gold:** rejuvenating and mood-lifting, activates brain and nerves
- **Colloidal Molybdenum:** helps against free radicals and is an essential trace element with specific effects for the eyes
- **Colloidal Germanium:** as spray, fast relief for tired eyes
- **Natural ingredients in Nature Sense:** protect the vessels and optimize oxygen transport in the brain.



SPECIAL-SET LONGEVITY

- **Colloidal Gold:** supports recovery and regeneration
- **Colloidal Indium:** balances hormone levels
- **Bioavailable Silicon:** detoxifies and cleanses
- **Berry Vital's secondary plant substances:** invigorate body and mind
- **Skin Repair:** simply spray on affected skin areas – for inflammation, wounds, and other skin injuries



NASAL SPRAY MADE FROM COLLOIDAL METALS

FAST RESULTS WITHOUT SIDE EFFECTS



The best solution for a blocked nose: This spray made from three colloidal metals works immediately and does not cause dependence. Silver, Cobalt, Zinc – and nothing else: No additives that often harm the mucous membranes over time.

- **Colloidal Silver: anti-inflammatory, decongestant, pain-relieving, and helpful for allergic reactions**
- **Colloidal Cobalt: for allergy-related causes, bioavailable "Vitamin B12 / Cobalamin"**
- **Colloidal Zinc: strengthens immune function, protects, and regenerates mucous membranes**

Application
The application is very simple: as with normal nasal sprays, spray 1 to 2 sprays into each nostril and repeat the process several times a day as needed. Even with long-term use, the mucous membranes are not damaged or irritated. These unique nasal drops, made exclusively from colloidal metals, do not cause dependency. The product is suitable for children as well as adolescents, adults, and seniors. The drops should be used within 3 months.

NEW TO OUR RANGE

KOLLOIDALES

INDIUM

10 PPM

Sustainable Anti-Ageing



By regulating hormone balance, colloidal indium can increase vitality, support the immune system, stimulate metabolism, and contribute to mental clarity and general well-being.

- Regulates hormone balance with rejuvenating effects
- Improves absorption of minerals and supplements
- Increases vitality and physical fitness
- Supports immune functions and immune intelligence
- Anti-ageing effects through protection against oxidative stress
- Enhances mood and overall well-being

COLLOIDAL RHENIUM

Optimizes brain and nerve metabolism and helps with acute and chronic joint pain

Rhenium is one of the most catalytically active metals, therefore brain, psyche, and creativity benefit from its use.

- Increases creativity and concentration
- Significantly reduces joint pain (external use)
- Improves communication in the nervous system
- Activates brain and nerve metabolism
- Calms the psyche and reduces nervous disorders
- Optimizes repair processes



KOLLOIDALES

SILIZIUM

10 PPM

**For us a master element,
a very important and versatile metal**



As the second most abundant element on earth, silicon is also of outstanding importance for our well-being and health in our body. The advantages and positive properties of Colloidal Silicon are – in contrast to ionic silicon solutions – fundamental and very significant in terms of effects in metabolism, reaction energy, bioavailability, benefits, risks, and product prices. Not many manufacturers can produce true Colloidal Silicon because, like germanium, it is extremely brittle and breaks down quickly at high voltages (10,000 volts, plasma). True Colloidal Silicon has no risks or side effects when used as recommended.

COLLOIDAL SILICON

- **For detoxification and elimination throughout the body**
- **Increases performance in cases of cardiac insufficiency, heart failure and general weakness**
- **Structural element for connective and supporting tissue, bones, tendons, and ligaments**
- **Strengthens skin, hair, and nails**
- **For more elasticity in the vascular system (arteries/veins)**
- **Increased formation of elastin and collagen fibres**
- **Improves the energy formation processes in the cells/mitochondria**

SILICON DETOX SET: COLLOIDAL SILICON, SILICON OXIDE, AND ZEOLITE

Three sources of silicon for an effective and profound detox treatment



Genuine colloidal silicon (10 ppm, high-voltage plasma process) is quickly and completely bioavailable. Combined with zeolite and silicon dioxide as an ultra-fine powder, detoxification and elimination are completely redefined. This unique silicon combination enables the effective and systemic elimination of harmful substances such as aluminium, heavy metals, vaccine additives, glyphosate, and many other pollutants, and optimizes energy production and the structural development of many tissues.

Plus: colloidal silicon in a spray bottle for skin, hair, nails, and wound healing.

COLLOIDAL

TANTALUM

5 PPM

- Purifies and detoxifies the body
- Strengthens physical endurance
- Neutralizes and protects against excessive exposure to radiation
- Effectively eliminates many environmental toxins
- Eliminates aluminium and heavy metal compounds
- Helps against nausea and malaise
- Skin smoothing effects

COLLOIDAL

PALLADIUM

5 PPM

- Improves concentration
- Strengthens memory
- Promotes the ability to see
- Particularly catalytically active metal (enzyme metabolism)
- Improves muscle performance and fine motor skills
- Strengthens creativity and positive thinking

COLLOIDAL

COPPER

10 PPM

- Provides structure and elasticity of bones, connective tissue, and blood vessels
- Antioxidant effect
- Improves skin hydration
- Main element of many important enzyme compounds
- Reduces excess hormones
- Antibacterial and disinfectant effect
- Balances the activity of the thyroid gland

COLLOIDAL

ZINC

10 PPM

- As an essential trace element involved in many reactions in the body
- Activates the immune system and metabolism
- Helps with skin and hair problems
- Promotes wound healing and healthy skin renewal
- Protects against oxygen radicals as an antioxidant
- For joint and muscular pain

COLLOIDAL

IRIDIUM

5 PPM

- Has an antioxidant, anti-aging effect
- Improves brain metabolism
- Promotes mental activity and lucid dreams
- Improves and deepens concentration
- Increases the speed and quality of signal transmission at synapses
- Activates the pineal gland and the “3rd eye“

COLLOIDAL

CHROMIUM

10 PPM

- Improves breathing and lung performance
- Regulates insulin metabolism and reduces the desire for sweets
- Lowers cholesterol
- Helps lose weight, prevents hunger
- Antioxidant, protects against free radicals

COLLOIDAL

COBALT

5 PPM

- Particularly important for vegans, bio-available central element of vitamin B12
- Effective against fatigue, chronic exhaustion, and anaemia
- Activates the brain, protects nerve cells
- Regulates hormone production
- Helps against lack of concentration
- Reduces allergic reactions and hay fever

COLLOIDAL

VANADIUM

10 PPM

- Stimulates movement, activates circulation
- Lowers blood sugar, effective with chromium in diabetes
- Improves and regulates growth disorders
- Important in bone metabolism for mineralization
- Involved in thyroid metabolism
- For sexual disorders and infertility

COLLOIDAL

GERMANIUM

5 PPM

- Improves oxygen supply to cells and organs
- Increases blood flow and microcirculation
- Activates the body's own antioxidant protective enzymes
- Optimizes immune cells and immune function
- Helps with eye diseases
- Detoxification and elimination of heavy metal compounds

COLLOIDAL

RHODIUM

5 PPM

- Activates and improves brain metabolism
- Accelerates signal transmission between nerve cells and synaptic connections
- Has antioxidant and cell-protective effects
- Optimizes repair processes of DNA (genetic material)
- Promotes mental clarity, alertness, and decisiveness

COLLOIDAL

IRON

10 PPM

- Improves muscle strength and endurance
- Increases physical and mental performance
- Improves blood circulation and oxygen supply
- Helps against skin pallor, anaemia, and hair loss
- Strengthens heart function
- Relieves headaches, insomnia, and constipation

COLLOIDAL

MOLYBDENUM

10 PPM

- Stabilizes kidney and uric acid metabolism
- Activates alcohol and nicotine breakdown in the liver
- Reduces gout and rheumatism symptoms
- Effective antioxidant
- Increases potency, fertility, sexual function
- Soothes mucous membranes in the gastrointestinal tract
- Improves visual impairment and visual disturbances

MAGNEA

Nerves, muscles, and joints



IMMEDIATE EFFECTS ON PAIN IN JOINTS, MUSCLES, AND NERVES

As a practical spray, Magnea works in seconds—for acute sciatic pain, muscle pain, sore muscles, and muscle cramps (also preventative) and for a variety of joint complaints – whether acute or chronic. The colloidal metals in combination with magnesium chloride ensure a rapid effect when applied externally directly to the problem areas.
This makes Magnea particularly effective for acute complaints.

Magnesium chloride in a special colloid mixture, produced using a high-voltage plasma process, offers a promising option for pain relief in joint, muscle, and nerve complaints.
Its immediate effect and ease of use make Magnea the remedy of choice.
For sensitive skin, any tingling that may occur can be minimized by diluting the spray solution with water.

AREAS OF APPLICATION AND INDICATIONS

- **Joint pain: For arthritis, arthrosis, rheumatism, and gout symptoms (acute and chronic joint pain)**
- **Nerve pain: Acute sciatica or other nerve irritation usually responds within seconds of application**
- **Muscle pain and muscle relaxation: Relief from cramps and tension, especially after physical exertion or to prevent night-time cramps**
- **Stress and sleep: Calms the nervous system and improves sleep quality**

WHAT IS MAGNESIUM CHLORIDE?

Magnesium chloride ($MgCl_2$) is a salt consisting of magnesium and chlorine, often extracted from seawater or salt lakes. It is characterized by its high bioavailability, meaning that the body can easily absorb and utilize the magnesium.

Magnesium is an essential mineral that is involved in more than 300 biochemical processes, including muscle and nerve function, energy production, and bone health. Magnesium chloride is increasingly valued in the alternative health sector. With colloidal metals as a base, the bioavailable magnesium can be used even more quickly and effectively. It feels like an oily consistency, but it is not oil.

MAGNEA WITH COLLOIDAL METALS: THE OPTIMAL COMBINATION FOR IMMEDIATE EFFECTS

Magnea is based on a special mixture of colloidal metals produced using a high-voltage plasma process. This process generates highly pure, bioavailable metal particles that are suspended in water of extreme purity. In combination with magnesium chloride, Magnea offers the following advantages:

- **Synergy: Specific colloidal metals act on bones, joints, muscles, tendons, ligaments, and nerves**
- **Better absorption: The colloidal form promotes the absorption of minerals through the skin; application is very easy: simply spray on and rub in**
- **Stability: The solution remains stable and effective for longer**

An outstanding feature of Magnea is its fast action. Many users feel pain relief and relief within seconds of application. The colloidal metals in combination with magnesium chloride provide fast effects on problem areas. This makes Magnea particularly effective for acute complaints.

APPLICATION AND DOSAGE

Spray and rub or massage into the affected skin areas several times a day and as needed. **Do not use on open wounds or inflamed skin areas!**

If tingling is too strong, dilute with a few drops of water to reduce the concentration. Remove any cream or cosmetics from the skin before use. Before applying to a large area, spray a small area of skin and check how the skin reacts.

POSSIBLE SIDE EFFECTS AND TIPS

The colloidal solution contains a high concentration (saturated) of magnesium chloride, which is why it feels like oil – even though it is not. A skin test is advisable before applying to a large area. This is because sensitive skin areas (face and other areas) may react with a stronger tingling sensation.

For sensitive skin, it is recommended to dilute the solution with a little water. This lowers the concentration, reduces the tingling sensation, and improves tolerability without significantly impairing the effect. It is important to find the optimal application with a good balance and common sense.

ZEOLITH *Pur*

in ultra-fine particle size



ZEOLITH PUR: FOR INTERNAL CLEANSING AND NATURAL DETOXIFICATION

Effective detox – Zeolith Pur makes it possible: The natural volcanic rock improves our ability to rid the body of pollutants, environmental toxins, and heavy metals safely and effectively. The main ingredient of the high-quality zeolite is clinoptilolite with a share of 95 % and 5 % bentonite.

The silicon/silicon dioxide contained in zeolite is a structuring element that is vital (essential) for our body, and has many other interesting functions, in addition to binding and excreting harmful substances.

The special thing about Zeolith Pur is on the one hand the fineness of the powder, on the other hand its unique activation and energization. This significantly improves the effects and effects – in comparison to non-energized zeolite. The technically complex airflow grinding to reduce the particles to 6 µm (full range: 1-24 µm) gives the powder an enormously increased surface area and cation exchange capacity of more than 200 meq per 100 g. This makes it particularly effective for binding and expelling pollutants.

A particle size of 6 micrometres (instead of 30 to 90) is a prerequisite for the optimal expulsion of pollutants and delivery of valuable minerals in ion exchange for our metabolism.

ADVANTAGES OF ZEOLITH PUR

- **Perfectly suited for detoxification/elimination of pollutants such as aluminium and heavy metal compounds, environmental toxins, vaccine additives, etc.**
- **Enormous enlargement of the surface like a porous sponge, due to ultra-fine particle size**
- **Additional activation and energization with UMH technology, and thus also purification of pollutant information**
- **Best possible protection in violet glass**

THE OLDEST REMEDY FOR HEALING, REJUVENATION, AND BEAUTY KNOWN TO MANKIND

The structure and properties of volcanic rock have been known for many years and have been extensively studied in relation to the binding and excretion of harmful substances and as a structure-forming element. Hippocrates, Avicenna, and Paracelsus successfully used zeolite and the silicon it contains in medicine. It is considered the oldest healing, rejuvenation, and beauty remedy known to mankind.

With an understanding of its structure and properties, it is logical to supply the body with enough zeolite/clinoptilolite every day.

ARE ONLY ZEOLITH PRODUCTS WITH MEDICAL CERTIFICATION RECOMMENDED?

Certification as a medical device is no guarantee of good product quality and/or safety. Even non-certified zeolite products can meet the highest quality criteria. With only one difference: non-certified products are usually less expensive, as there is no need for the time-consuming documentation involving product master files, descriptions of internal quality assurance processes, external auditors, and a whole host of other additional projects and costs.

The many scandals involving certified medical devices such as implants, prostheses, pacemakers, and countless “best-tested drugs” that were quietly withdrawn from the market after a very short time due to massive side effects confirm this.

We have established several quality management systems and maintained them over many years. In doing so, we have implemented not only DIN EN 9001, but also DIN EN 13485, a quality management system for medical devices. We therefore know exactly what we are talking about. The quality, impact, and effectiveness of products are not achieved through certificates, but through innovation, quality awareness, critical thinking, and inventiveness.

USE AND DOSAGE

We recommend taking 3 to 10 grams daily – 3 grams is equivalent to one level teaspoon. Dissolve the powder in sufficient water and always drink in small sips. Hold each sip in your mouth for 10-30 seconds before swallowing until everything has been drunk. One violet glass container (180 g) corresponds to the monthly requirement for an adult at 6 g per day.

Adults (weight: 50 kg or more): up to 3 times daily, 1 level teaspoon (3 g)
Children (weight 10–50 kg): up to 2 times daily, 1/2 level teaspoon (1.5 g)
Infants (weight: 2–10 kg): up to 2 x daily 1/2 level espresso spoonful of 0.5 g

Intake: Take in the morning and evening before meals (30–60 min) or alternatively in the evening before bedtime. Use a plastic or wooden spoon – no metal!

Zeolite can be used long-term.

SILIZIUM *Pur*

**Ultra-fine powder,
activated & energized
for best possible bioavailability**



SILICON DIOXIDE FOR PHYSICAL AND MENTAL DETOXIFICATION AND PURIFICATION

Our silicon dioxide is extremely soluble, bioavailable, and therefore effective.
After 4 hours in water, more than 80% is dissolved! Pure silicon ensures optimal and sustainable detox results on a physical and energetic level. Most natural silicon compounds, e.g., in field horsetail, stinging nettle, bamboo, hemp, and oats, are difficult to dissolve and therefore not readily available to the body. Silicon dioxide has unique properties and plays several important roles in metabolism. It provides bioavailable silicon for structure formation, stability, flexibility, and elasticity. It has biophysical properties for energy conversion due to its piezoelectric and photoelectric properties. And it ensures the transmutation of unnatural and destructive vibration patterns (pollutant information in body water/cell water) into constructive and natural vibration and information fields. Silicon dioxide is an optimal storage, receiver, and transmitter of information and biophotons.

WHAT IS SILICON ACTUALLY?

Silicon (Si) is the second most common element on Earth after oxygen. Silicon is a semi-metal and therefore has properties of both metals and non-metals. Silicon does not occur in nature in its elemental form, i.e., in its pure form, but is usually present as a chemical compound of at least two or three elements. Well-known silicon compounds include zeolite, clinoptilolite, bentonite, montmorillonite, silicon dioxide, silicic acid, and silica.

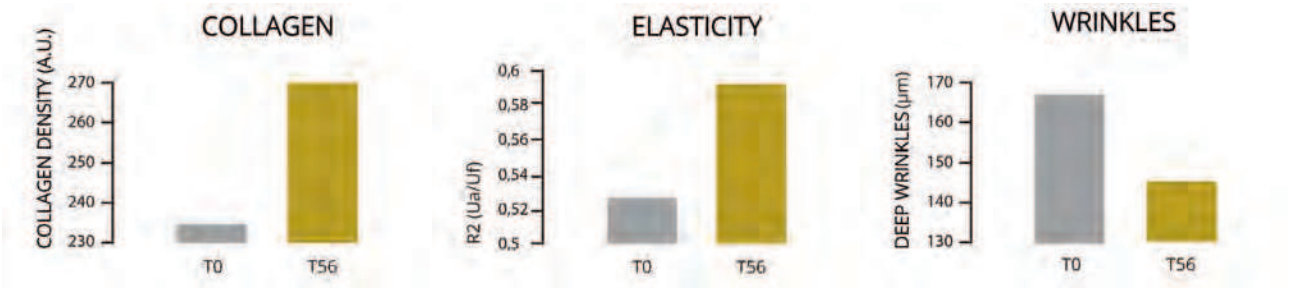
ADVANTAGES OF SILICON PUR

- **Perfectly suited for detoxification and elimination of harmful substances such as aluminium, heavy metal compounds, environmental toxins, vaccine additives, etc.**
- **Very large active surface area due to ultra-fine particle size of 3-4 µm**
- **Detoxification and purification for body, mind, and soul**
- **Unique process for activation and energization with UMH technology**
- **Best possible protection in violet glass**

WHY DOES OUR BODY NEED SILICON?

- Building material for bones, cartilage, connective tissue with elastin and collagen fibres
- Energy production in heart muscle cells and impulse conduction
- Beauty of skin, hair, and nails
- Elasticity of tendons and ligaments
- Stabilizes connective tissue, counteracts cellulite
- Energy production/cellular energy metabolism
- Elasticity of the vascular system: vessel walls, arteries, veins, capillaries

EFFECT OF SILICON PUR ON SKIN APPEARANCE AFTER DAILY INTAKE OVER 56 DAYS



Collagen density increases significantly after daily intake of Silizium Pur.

Skin elasticity improves significantly after intake.

Wrinkle depth also reduces noticeably during treatment.

APPLICATION AND DOSAGE

For Silizium Pur, we recommend a daily intake of 50 to 300 milligrams – 100 mg corresponds to the enclosed level large measuring spoon. The small measuring spoon holds 15 mg. Depending on your needs, you can increase or decrease the daily dose and the proportion of the respective powder yourself. Dissolve the powder in sufficient water or tea and always drink in small sips. One can of Silizium Pur (30 g) corresponds to an adult's intake of about 3 months.

Adults (weight: 50 kg or more)
Up to 3 times daily, 1 level measuring spoon (large) containing 100 mg, or 1 x daily up to 300 mg

Children (weight 10-50 kg)
Up to 2 level measuring spoons (small) containing 50 mg twice daily, or 1 x daily up to 100 mg

Infants (weight: 2–10 kg)
Up to 2 x daily 1/2 level measuring spoon (small) containing 15 mg, or 1 x daily up to 30 mg.

Intake: Take before or after meals or in the evening before bedtime, stirred into a little liquid (water, tea). **Silizium Pur can be used on a long-term basis.**

SANGO Pur

Sango Coral from Okinawa
Ultra-fine particle size
(500% smaller than other Sango products)



SANGO PUR IN BEST OKINAWA QUALITY:

VITAL TRACE ELEMENTS IN OPTIMAL BIOAVAILABILITY IDEAL FOR YOUR HEALTH AND A LONG LIFE

Much more than calcium and magnesium: Over 70 trace elements are contained in the Sango sea coral from Okinawa – in an almost perfect, bioavailable ratio for us humans. With daily intake, you achieve an optimal basic supply of all necessary minerals, trace elements and ultra-trace elements.

SANGO SEA CORAL IN OPTIMAL BIOAVAILABILITY

Sango Pur forms the basis of a well-functioning metabolism: as a pure natural product, it is optimal for our body, our cells, and their diverse tasks and metabolic activities. As the only one of the approx. 2,500 coral species, the Okinawa coral has unique filter and purity qualities.

ADVANTAGES OF SANGO PUR

- **Contains more than 70 of the 81 stable elements of our earth**
- **Naturally optimal mixing ratio of the elements**
- **Sustainable extraction of millennia-old Sango corals from Okinawa (no overexploitation!)**
- **100% natural, without any additives, free of radioactive elements**
- **Optimal bioavailability due to ultra-fine particle size**
- **500% smaller particles than other Sango coral preparations**
- **Best possible protection in violet glass**
- **Additional activation and energization with UMH technology**



Through a technically very complex process of reduction and energization, we provide Sango Pur in the smallest particle size available – 500 percent smaller than most coral preparations on offer.

A particle size of 8 micrometres (instead of 40 to 50 micrometres) is unique on the market and the prerequisite for optimal bioavailability, absorption capacity, and utilization in our cells.

SANGO PUR: UNIQUE DIVERSITY OF THE CHEMICAL ELEMENTS

We have exactly 81 stable elements on our planet. More than 70 elements are contained in the sea coral from Okinawa – in an almost perfect, bioavailable quantity ratio for us humans. And we cannot do without any of them: Every element, no matter how small, fulfils important functions in our metabolism.

BIOAVAILABILITY: THE FINER THE PARTICLES, THE MORE EFFECTIVE

Most preparations on offer have a particle size of 40 to 50 micrometres – Sango Pur has a particle size of only 8 micrometres! Our 500% finer powder is much easier for the human body to absorb, which significantly improves bioavailability. The manufacturing process to produce such small particles is technically more complex and costly. You can find out more about the power of Okinawa sea coral on the FGS info portal.

NO OVEREXPLOITATION OF LIVE SANGO CORALS

What is good for humans must not harm nature: That is why we never use corals that have been harvested alive. The Sango sea coral from Sango Pur is fossilized coral that is millions of years old. When harvesting, we only take fossil parts that have already detached from the coral reefs. They are harvested directly from the seabed at a depth of 50 metres, under the supervision of the Japanese environmental authority.

USE AND DOSAGE

Convince yourself of the quality of Sango Pur: You receive the nutrient-rich powder in practical and shapely containers made of light-proof violet glass. You have the choice between two sizes: 100 grams and 300 grams. We recommend taking 3 x 1 gram (3 x 1/3 teaspoon) or 1 x 3 grams (1 x 1 teaspoon) daily: Dissolve the powder in sufficient water and drink it in a short time. The small glass corresponds to one month's requirements, the large glass contains your ration for 100 days.

If you would like to order **SANGO PUR** from **Trimedea**, the QR code will take you to our online shop.

CDS

CHLORINE DIOXID

Proven and highly effective
against germs and parasites



CDS AGAINST BACTERIA, PARASITES AND FUNGI, FOR YOUR HEALTH

VERY EFFECTIVE – AND WITHOUT RISKS OR SIDE EFFECTS

There is a proven disinfectant against bacteria and other microorganisms that many people are not (yet) familiar with: CDS (chlorine dioxide solution). Thanks to its high oxidation capacity, CDS is effective against germs. It has established itself worldwide as an oxidizing agent against bacteria, fungi, and Legionella—and has also been tested against parasites, mites, spores, and algae.

That is why we have now added CDS to our product range. The 3000ppm chlorine dioxide solution (0.3%) from Trimedea is available in violet glass bottles (as storage bottles in 250/500 ml with Teflon caps) and 100 ml bottles with two different attachments (pipette and spray cap) to simplify dosing and different applications.

Our 0.3% CDS solution is produced using high-purity water (0.5 µS) as a base, then distilled and UMH-activated – and when diluted with water, our CDS is virtually tasteless.

WHAT EFFECT DO CDS HAVE?

- **Neutralizes all types of pathogenic germs and parasites through oxidation**
- **Used for disinfection against many microorganisms**
- **Effective against bacteria, fungi, and Legionella through oxidation in approved applications**
- **Effectively disinfects wounds and injuries**
- **Neutralizes heavy metals and environmental toxins**
- **Increases the body's performance and energy**
- **Increases the usable oxygen in the tissue, thereby removing the breeding ground for many ailments**

WHAT IS CHLORINE DIOXIDE?

Chlorine dioxide is a water-soluble gas consisting of chlorine and oxygen. The gas dissolves in water at temperatures below 11 °C, the resulting highly diluted (yellowish) liquid is then the CDS (chlorine dioxide solution). Chlorine dioxide (CD) disinfects and acts by oxidation without producing harmful degradation products. It decomposes into oxygen, water, and common salt, which is completely harmless to the body.

Side effects and overdoses are not known with diluted solutions (basis: 0.3% chlorine dioxide solution, which is further diluted) and if taken according to instructions.

Warnings in the media always refer to MMS (Miracle Mineral Supplements) or other solutions – never to 0.3% chlorine dioxide solutions or 3000ppm solutions.

SO, CHLORINE ISN'T HARMFUL AFTER ALL?

The names chlorine dioxide and chlorine are confusingly similar, but they are two completely different agents that react and function chemically quite differently. In contrast to chlorine dioxide, chlorine (Cl) kills pathogens by chlorination. This process can produce harmful compounds and substances that are hazardous to human health. If risks and side effects are mentioned in reports, they always refer to MMS or other solutions – not to chlorine dioxide/CDS!

WHAT COMPLAINTS AND SYMPTOMS DOES CDS HELP WITH, ACCORDING TO WORLDWIDE REPORTS?

- **Arterial congestion, arteriosclerosis**
- **Arthritis**
- **Asthma, bronchitis, pneumonia**
- **Bladder diseases, haemorrhoids, kidney inflammation**
- **Colds, fever, flu**
- **Infections, malaria, tetanus**
- **Gastrointestinal infections, stomach ulcers, colon diseases**
- **Neurodermatitis, parasite infestation, fungal diseases**
- **Psoriasis, warts**
- **Earache, bursitis**
- **Wounds, gum inflammations**

And many more ...

For ordering CDS at Trimedea, the QR code on the right will take you to our web shop:
trimedea.com/cds-chlorinedioxid

RMS L+

LACTIC ACID DROPS

Proven and highly effective:
For a healthy microbiome and a balanced pH



LACTIC ACID FOR GUT HEALTH

To maintain or regain our health, **RMS L+** supports you exactly where it is needed – in the intestines, in the blood, in the cells and in the intercellular space. When taken regularly, the dextrorotatory lactic acid RMS L+ from Trimedea ensures healthy intestinal flora and promotes pH balancing in the blood and connective tissue. As a result, the lactic acid **RMS L+** improves many complaints – even acute symptoms in the throat, pharynx, and lung area.

WHAT IS LACTIC ACID AND HOW DOES IT WORK?

The secret of RMS L+ lies in the balancing of the pH level of the blood and the manifold effects on our intestinal flora. Through the regular intake of high doses of L(+) lactic acid (at least 21%), the fermentation metabolism in the cells can be "switched" back to the oxygen-dependent metabolism. In the intestines, this leads to an increase in the performance of our friends and helpers – the microorganisms (the microbiome).

RMS L+ IS USED AGAINST MANY DISEASES OF CIVILISATION

Acidosis of the connective tissue is mainly caused by fermentation and putrefaction processes in the intestine and disturbed metabolic processes. One cause of this is our modern diet. The countless microorganisms in the intestine could work very effectively – like a compost heap that is stimulated to top performance with biological waste (without chemicals). However, if the microorganisms are given low-quality or chemically treated food every day, their activity and function is inhibited or even blocked.

An excessively protein-rich diet (high meat and sausage consumption) often leads to the formation of the poorly degradable and unhealthy laevorotatory lactic acid, with corresponding putrefaction processes and negative effects on the overall metabolism. In the long run, these fermentation and putrefaction processes change the microbiome – the composition of the intestinal bacteria – and thus affect our entire body.

ADVANTAGES OF RMS L+

- **Improvement of natural metabolic processes**
- **Regulation and optimisation of pH levels of the blood and connective tissue**
- **Multiple positive effects on the micro-organisms in the intestine**
- **Regulation of the acid-base balance**
- **Detoxification and intestinal cleansing**

FIELDS OF APPLICATION OF RMS L+

- **Metabolic disorders**
- **In case of high meat and sausage consumption**
- **Allergies and stress**
- **Symbiosis control after antibiotic therapy**
- **Beginning symptoms of colds/infections**
- **With chronic pain**
- **And for many other complaints ...**

APPLICATION AND DOSAGE

For acute symptoms and complaints, take the calculated dose 3-4 times a day. For intestinal rehabilitation take 1-2 times daily for at least 4-8 weeks.

Caution: Do not take the drops undiluted! Dosage: 1 drop per 3kg body weight diluted in 100-200 ml water or tea, take in sips.

Up to **15kg** = **5 drops** Up to **30kg** = **10 drops** **50-60kg** = **20 drops** **80-90kg** = **30 drops**

IMPORTANT NOTES ON RMS L+

Interactions:
Taking RMS L+ in combination with biologically high-quality food supplements improves their absorption and effect in the body. Interactions with medicines are not known so far.

Please note:
Do not exceed the recommended daily intake stated. Do not use food supplements as a substitute for a balanced and varied diet and a healthy lifestyle. Store in a cool, dry place out of the reach of children.

The history and scientific basis in treatises date back to **Dr. Paul Gerhardt Seeger**. More information on this can be found on our **FGS website**.

UMH HEXAGON

Plug & Play · no separate tap · no electricity required



The UMH Hexagon is an easy-to-install plug-and-play system without a separate tap. It can be fitted under a kitchen sink, in a practice, an office or a commercial kitchen.



Filter cartridge in cross-section – the fine carbon structure

FILTRATION

The quality filter removes heavy metals, hormones, pesticides, bacteria, microorganisms, fungi, yeasts, chlorine, drug residues, microplastics and many other substances from tap water. The minerals in the water are retained. Limescale reduction is available in the settings strong, medium and none.



UMH-Hexagon Gold

ENERGIZING

After filtration, the water is energized. The system thus combines fine filtration with the energizing of drinking water – in a single unit that operates without electricity.

Surface mesh 0.5 micron · Pore size 0.002 micron · Flow rate approx. 4 l/min · Capacity up to 10,000 litres per cartridge

HOUSE WATER LINE

UMH MASTER



The UMH Master is installed in the main water line and is used to energize the water throughout the house.

ADVANTAGES

- Cancellation of pollutant frequencies
- Transfer of beneficial energies when drinking, bathing and showering
- Cell-permeable water with a spring-water structure
- Noticeably softer and fresher taste
- Limescale-dissolving and -inhibiting
- Reduced detergent requirement
- Protection for pipes and appliances
- No electricity, no chemicals, no magnets
- Maintenance-free

UMH ENERGY DISCS



UMH Energy 300

The 300 disc is intended for apartments and houses, for energizing water and rooms. In the experience of our customers, it is often described as a so-called “protective bell” (Schutzglocke) for the house.



UMH Energy 4.5 cm

The smaller 4.5 cm disc is designed to be worn as a pendant, for personal use on the body.

NATURE SENSE

ORGANIC BUD EXTRACTS AND MOTHER TINCTURES

Unique range of ingredients



Nature Sense contains 100% freshly harvested and naturally pure buds, herbs, and plant parts in organic quality from the Alps, Sardinia, Sicily, and other Italian regions. In addition to bud extracts (gemmo macerates), **NATURE SENSE** also relies on the healing effects of mother tinctures as complex remedies in some products.

The buds contain a wide variety of valuable ingredients in high concentrations. **GEMMOTHERAPY** (gemma = Latin for bud) harnesses the primal power of plants as a healing and regenerative force for us: All **NATURE SENSE** complex remedies are made exclusively from fresh plant parts and buds (gemmo). We never use dried plant parts for mother tinctures, as their effect, nutrient diversity, nutrient density, and energetic properties are significantly lower than those of freshly harvested plant parts.

In addition, we use proven **UMH** technology to activate the solutions (water-alcohol-glycerine) to extract the valuable ingredients from the buds and plant parts. The effects and impacts on a material and energetic level thus reach a higher level in a holistic view.

NATURE SENSE complex remedies mainly contain mixtures of bud extracts and mother tinctures that have been specially selected according to themes, indications, and synergy effects. Instead of focusing on individual substances, **NATURE SENSE** relies on the diversity of thousands of ingredients and bioactive substances contained in each plant.

Dosage instructions
Adults: Spray 3–5 pumps into the mouth 3 times a day
Children: Spray 1–3 pumps into the mouth 3 times a day

Notes:
Keep out of reach of children. Do not exceed the recommended daily dose. Seek medical advice during pregnancy or decide on your own responsibility. Store in a cool, dry place away from light.



ENT
EAR, NOSE AND THROAT

Black alder (Alnus glutinosa)
Black poplar (Populus nigra)
Rose hip (Rosa canina)

For acute and chronic complaints in the throat, nose, and ear area, has anti-inflammatory, antispasmodic and pain-relieving effects.



LUNG
COUGH – FREE BREATHING

Hazelnut (Corylus avellana)
Mountain pine (Pinus mugo)
Blackberry (Rubus fruticosus)
Viburnum (Viburnum lantana)

For acute and chronic lung conditions such as COPD, emphysema, cough with or without phlegm, improves oxygen transport



BRAIN
MOOD ENHANCEMENT
AND CREATIVITY

Black poplar (Populus nigra)
Rose hip (Rosa canina)
Blackberry (Rubus fruticosus)

Improves blood circulation and oxygen transport, enhances mood, and increases creative processes in the brain.



CIRCULATION
BLOOD CIRCULATION AND
MICROCIRCULATION

Wild rosemary (Rosmarinus verbene)
Blackcurrant (Ribes nigrum)
Ginkgo (Ginkgo biloba)

Improves blood circulation in the heart, brain, eyes and ears, activates immune function, protects blood vessels



BORRELIOSIS
ACUTE/CHRONIC

Stevia (Stevia rebaudiana*)
Annual mugwort (Artemisia annua*)

For acute and chronic Lyme disease symptoms, ideal in combination with colloidal silver



ALLERGY
ALLERGIES, HAY FEVER,
AND FOOD INTOLERANCES

Hazelnut (Corylus avellana)
Blackcurrant (Ribes nigrum)
Viburnum (Viburnum lantana)
Birch (Betula pubenscens)

The first aid remedy for allergies: activates the immune system, helps with acute symptoms such as a runny nose and itchy eyes.



HEART
HEART AND CIRCULATION

Hawthorn (Crataegus oxyacantha)
Red dogwood (Cornus sanguinea)
Wild olive tree (Olea oleaster)

Helps with heart failure, high blood pressure and thrombosis, strengthens the heart muscle, normalizes heart rhythm, improves the elasticity of blood vessel walls



PSYCHE
PSYCHE AND INNER BALANCE

Fig tree (Ficus carica)
Small-leaved lime (Tilia cordata)
English oak (Quercus robur)

Has a balancing, nerve-strengthening, anxiety-relieving and relaxing effect, for sleep disorders, depression, fatigue, exhaustion, restlessness and palpitations



DETOX

EFFECTIVE DETOX

Wild garlic (Allium ursinum*)
Coriander (Coriandrum sativum*)
Wild rosemary (Rosmarinus verbene)

Supports detoxification, protects the liver, promotes memory, and lifts the mood, supports microcirculation



LIVER

DIGESTION AND DETOXIFICATION

Dandelion (Taraxacum officinale*)
Juniper (Juniperus communis)
Milk thistle (Silybum marianum*)

Strengthens liver function, detoxifies, purges, promotes urination and digestion, regulates appetite



MEN

FOR PROSTATE PROBLEMS, LACK OF ENERGY AND EXHAUSTION

Giant sequoia
(Sequoiadendron giganteum)
English oak (Quercus robur)
Heather (Calluna vulgaris)

Activation of the male hormone and glandular system, stimulation of libido and sperm production



VEINS

FOR ACUTE AND CHRONIC COMPLAINTS OF THE VENOUS AND LYMPHATIC SYSTEM

Horse chestnut
(Aesculus hippocastanum)
Sweet chestnut (Castanea vesca)

For venous insufficiency, phlebitis, varicose veins, haemorrhoids, oedema, lymphatic congestion



HORMONE BALANCE

FOR BLADDER AND KIDNEY PROBLEMS

Giant sequoia
(Sequoiadendron giganteum)
English oak (Quercus robur)
Heather (Calluna vulgaris)

Stimulation of the female hormone system, activation and balancing of sexual function



INFLAMMATIONS

ACUTE AND CHRONIC INFLAMMATION

Hazelnut (Corylus avellana)
Blackcurrant (Ribes nigrum)
Black alder (Alnus glutinosa)
Ash (Fraxinus excelsior)

For acute and chronic inflammation and to accelerate repair processes



WOMEN

REGULATION OF THE FEMALE HORMONAL SYSTEM

Raspberry (Rubus idaeus)
Cranberry (Vaccinium vitis-idaea)
Viburnum (Viburnum lantana)

Antispasmodic, harmonizes the neuro-vegetative system and helps with hot flushes

NATURE SENSE
3+1 SET
When you buy 3 bottles of NATURE SENSE we will give you the 4th bottle for free.

*Mother tincture

AWAKEN NEW LIFE WITH THE UNIQUE POWER OF BUDDING

Gemmotherapy is a special form of herbal medicine. It uses the highly concentrated nutrient density and concentrated vitality of buds and young shoots to promote our health in all areas. Unlike fully developed plants, which have already developed various protective mechanisms against predators and used up their growth substances, buds contain all the important nutrients in the highest concentration and range.



Growing areas for **NATURE SENSE** products

HARVESTING THE BUDS

Nature Sense contains 100% freshly harvested, naturally pure buds, herbs, and plant parts in organic quality from the Alps, Sardinia, Sicily, and other Italian regions. All the important active ingredients are contained in the buds in a highly concentrated form.

This is why the optimal harvest time is particularly important: when a small green tip appears, the ideal harvest time has been reached. Shortly before the bud fully opens, it contains concentrated power – the energy and dynamism before unfolding and opening completely.

PROCESSING THE BUDS

These principles are strictly adhered to in the production of **Nature Sense** complex remedies. Because sustainable harvesting pays off. In order not to disturb the natural balance, two of the three buds are left on the plant and only one is harvested. In total, no more than ten percent of all buds should ever be harvested so that the next harvest is not jeopardized. After harvesting, the buds are immediately placed in the solvent to extract and preserve the ingredients.

PREPARATION OF THE BUD EXTRACTS

All buds are rich in concentrated active ingredients such as phytohormones, secondary plant substances, vital substances, enzymes, minerals, trace elements, amino acids, vitamins, and essential oils. And we can harness their primal power because they strengthen all bodily functions, including DNA and cell regeneration processes. They offer a unique nutrient density – they are, so to speak, the embryonic tissue from which all other parts of the plant develop.

The bud extracts (macerates) are produced using the maceration process. This method extracts volatile ingredients from plant raw materials. After harvesting, the buds are immediately placed in the **UMH**-activated and energized solvent (a mixture of water, alcohol, and glycerine). This extract must be stored at room temperature for a few weeks and stirred regularly.

Nature Sense uses only violet glass bottles for bottling to preserve the valuable ingredients and plant energies as best as possible. The shelf life is at least two years.

GEMMO-SETS FROM TRIMEDEA: NATURE SENSE AND COLLOIDAL METALS

The idea behind the Special Sets containing Nature Sense complex remedies, colloidal metals and other Trimedea products is to achieve the fastest possible effect and various synergistic effects. The thematic combination allows the respective products to optimally access our cells and organs in harmony with nature, both in a material and energetic sense.

GEMMO-SET BRAIN

To activate brain metabolism,
lift your mood and boost creativity

- **50 ml Brain - Nature Sense**
- **50 ml Psyche - Nature Sense**
- **1 L colloidal gold**
- **1 L colloidal platinum**
- **250 ml Berry Vital**
- **100 ml colloidal cobalt spray**



GEMMO-SET DETOX

To activate detoxification functions and eliminate
harmful substances and heavy metal compounds

- **50 ml Liver - Nature Sense**
- **50 ml Detox - Nature Sense**
- **1 L colloidal tantalum**
- **1 L colloidal copper**
- **1 L colloidal zinc**
- **180 g Zeolith Pur**



MORE GEMMO-SETS

GEMMO-SET BORRELIOSIS

For the treatment of acute and chronic Lyme disease

2 x 1 L silver, 100 ml silver spray, 2 x 50 ml Lyme disease - Nature Sense

GEMMO-SET LUNG

To improve lung function and regeneration, for acute and chronic coughs or bronchitis

50 ml Lung - Nature Sense, 50 ml ENT - Nature Sense, 2 x 1 L colloidal chromium, 1 L colloidal iron

GEMMO-SET HEART

To increase cardiac output and improve blood circulation

50 ml Heart - Nature Sense, 50 ml Circulation - Nature Sense, 250 ml Berry Vital, 1 L colloidal gold, 1 L colloidal silicon, 100 ml colloidal cobalt spray

BERRY Vital 8

Power-Beeries
Highly concentrated and perfectly coordinated



CONCENTRATED BERRY POWER: ONE TEASPOON PER DAY IS ENOUGH



Lingon-berries | Aronia Berries | Black Currants | Cran-berries | Blue-berries | Elder-berries | Red Currants | Black-berries

BIODIVERSITY AND COMPLEXITY

Our power berries have it all and contain the most valuable things that nature has to offer us: lots of bioactive and bioavailable substances, such as vitamins, minerals, trace elements, enzymes, and secondary plant substances. Eight of the most valuable power berries are contained in Berry Vital with their countless bioactive and bioavailable ingredients. To make the most of the berry power, Jerusalem artichoke, ginseng, and lactic acid drops (RMS) are included.

Sun-ripened, freshly harvested, cold-pressed, no sugar or additives, no preservatives, no nanotechnology, and no added vitamins. One teaspoon per day (7ml) is enough to supply the body with the valuable and bioavailable ingredients – for more energy, well-being, and quality of life.
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NUTRIENT BOOSTER FOR THE MITOCHONDRIA

Berry Vital has been developed and optimized over years by therapists for the benefit of our cells. People of all ages can take Berry Vital. Whether young or old, with complaints or for prevention, amateur athletes, or high-performance athletes: Berry Vital is the ideal nutrient booster and works right into the mitochondria.

INGREDIENTS

Concentrate of beetroot, blueberries, blackberries, cranberries, blackcurrants, elderberries, redcurrants, and Jerusalem artichoke juice, Aronia mother juice, ginseng powder, lactic acid drops

NOTES

Space for your own notes

BIOlogical
HEALTH KNOWLEDGE

BASIC HEALTH KNOWLEDGE – CLEARLY EXPLAINED

With our health compendium, we want to shed some light on the miracle that is the human body to make important connections easier to understand. It provides the basics of the 5 biological laws of nature in connection with the autonomic nervous system and the laws of communication. The information is presented in a simple and understandable way. We do not use complicated words for basic processes that are simple, logical, and comprehensible. The great challenge is to question your own thought patterns, dogmas, taboos, beliefs, and assumptions with these new perspectives. If, after reading this, you can see the other side of the coin, you can also make new decisions with this new information.

BIOlogical
LAWS OF NATURE

THE REORGANIZATION OF MEDICINE

The 5 biological laws of nature allow us to look at the questions “Why do we get sick?” and “What is illness?” from a new perspective. A perspective that allows us to analyse the biological processes in the body without panic and fear, to determine that the processes in the body follow laws and serve the survival of the species. The previous notions of “malicious enemies,” “deadly bacteria,” or “killer viruses” that fight against us to kill us are now a thing of the past.

For they are only ideas, assumptions, and hypotheses that have been elevated to dogma without scientific proof. However, science has nothing to do with belief or conjecture, but with verifiability and traceability.

BIOlogical
COMMUNICATION

NEW PRINCIPLES OF OUR COMMUNICATION

The problems of this world cannot be solved with the same thinking that created them. Our solution: biological communication. To find solutions more quickly in difficult personal situations/emergencies and to define realistic intentions/goals for yourself, thereby significantly reducing stress and stress reactions, the book and audio program “Die kleine Stresslektüre” (The Little Stress Reader) offers a wealth of information and examples to help you. It highlights the connections between our thinking and the physiological effects in our bodies. For anyone who wants to break out of the endless cycle of stress!

TRIMEDEA

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