

For a Healthy Body and Mind



TRIMEDEA

## **Two Reliable Partners for Your Health**

TRIMEDEA is backed by the collected knowledge of the FGS: The Research Association for Health and Sport has set itself the primary goal of providing interested parties and customers with detailed information. With our comprehensive service, we offer new basic information on health topics and disease patterns – well-founded, clear, understandable.

#### INDEPENDENT REPORTING

We examine and evaluate various diagnostic and therapeutic procedures according to biological, physiological, and natural laws – independent of existing hypotheses, dogmas, and belief systems. By looking at symptoms and disease patterns from a different perspective, many people have already made unconventional and healthy decisions for themselves. Because in conventional medicine often only one side of the coin is known – we inform you about the other side, and introduce you to innovative new diagnostic and therapeutic methods. Every person should know about the processes in their body to become as independent as possible from so-called experts. And: It's less complicated than you think!

Many theories from science/scholarly medicine were considered irrefutable in their respective times and elevated to dogma. Today they are outdated and completely revised. And so, it goes on and on: Scientific theories are regularly established and rejected again. Fortunately, the principles of nature do not have such a short half-life: As humans, our senses help us perceive ourselves and our environment. Thus, we can perceive and listen to our body as the most sensitive measuring instrument. If something in the body is not in balance, we feel it, and should get to the bottom of the cause.

#### FGS AND TRIMEDEA: THE HUMAN BEING IS AT THE CENTER

With our work, we would like to offer new approaches to diagnosis and therapy procedures, as well as innovative products in harmony with nature, and accompany people on this path. In doing so, it is equally important to know the direct connections (cause/effect) of our own thinking to act accordingly. Even with holistic therapies, realistic goals are an essential prerequisite for their success. If I have unrealistic goals, I can only experience failure, with all it's consequences.

**Legal notice:** Our information is intended for individual training and does not replace a visit to the doctor.

Many interesting articles and valuable information on various health topics can be found on the FGS website: gesundheit-und-sport.com/en



# TRIMEDEA

With the products of the TRIMEDEA series, we would like to provide you with the essential pillars of vital building blocks for our metabolism in a synergistic way.



Extremely tiny energy-rich particles for a healthy body and mind

04



Ultrafine powder, activated & energized for best possible detox effects





Ultrafine zeolite and silicon dioxide powder, UMH energized, for holistic cleansing processes

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Proven against pathogenic germs, fungi and parasites, blood circulation & oxygen supply

18



Ensures healthy intestinal flora and promotes pH balance in blood and connective tissue

20



Molecular hydrogen against oxidative stress

26



Secondary plant compounds: Power food for our 60 trillion cells

30



Your basic supply of minerals

and trace elements **22** 

Effective learning via the skin, for relaxation, meditation, and super learning





Modern water filter system for pure, fresh, and activated drinking water





body and mind



#### **IMPORTANT PROCESSES IN YOUR METABOLISM**

Colloidal gold, silver, platinum, and other important metals have been used successfully for centuries to treat a wide variety of symptoms and complaints. What used to be very complex can now be produced more easily, quickly, and cheaply - thanks to our technological progress.

#### WHAT ARE COLLOIDAL METALS?

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True colloidal metals are very fine metal particles that float in water without forming a bond with the water – in contrast to ionic metal solutions, which are always produced by electrolysis. The size of the individual particles in the liquid dispersion is between 1 and 20 nanometers (1 nm = one billionth of a meter). How the particles are produced has a considerable influence on their properties, quality, bioavailability, and effect on the body, depending on the process.

#### MANUFACTURED USING THE HIGH-VOLTAGE PLASMA PROCESS

We at Trimedea have opted for the complex high-voltage plasma process with 10,000 volts. Because only with this high-quality technology can we achieve the best possible quality of colloids when used correctly: smallest particle size, highest energy content, optimal bioavailability, long shelf life, suspended state. True colloids are more effective, more energetic, and more durable, do not form compounds with other substances, do not lead to deposits in the tissue, and are overdose-free.



Manufactured using the high-voltage plasma process Made of 99.9 % to 99.99 % pure metals With 10ppm: Gold, Silver, Copper, Zinc, Chromium, Iron, Molybdenum, Vanadium, Silicon With 5ppm: Platinum, Iridium, Cobalt, Tantalum, Palladium, Germanium, Rhodium



#### ADVANTAGES OF GOLD, SILVER, AND PLATINUM IN DETAIL





COLLOIDAL PLATINUM 5 PPM

- Increases brain activity and IQ
- Supports and promotes detoxification processes
- Has a rejuvenating and mood-lifting effect
- Stimulates and activates the endocrine glands
- Enhances sensitivity and creativity
- Increases motor and cognitive performance
- Improves joint mobility
- Inhibits inflammation and infections
- Natural antibiotic for many ailments
- Supports the formation of the body's own stem cells
- Accelerates cell repair processes
- Regulates bacterial imbalances
- Accelerates wound healing in burns, cuts and open wounds
- Increases concentration and creativity
- Strengthens the immune system
- Improves communication in the nervous system

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- Has a mood-lifting effect and reduces mood swings
- Calms the psyche and helps with nervous disorders
- Activates the brain and increases memory function

#### HOW DO YOU USE COLLOIDAL METALS?

The lower the concentration and the smaller the particles, the better colloidal metals work: Especially at low concentrations (5-10 ppm) and small particle size (< 20 nm), they have proven to be extremely effective. It is best to keep the liquid in your mouth for 1 to 3 minutes – this way the tiny particles can pass through the oral mucosa directly into the blood. Use a plastic or wooden spoon or a measuring glass (40 ml) as a dosing aid. The energy-rich colloids must never be used with a metal spoon or metal containers! It is also helpful to spray the affected areas of the body thinly with a spray bottle. For internal applications, simply spray the liquid into the mouth with the spray dispenser.

#### **BOOSTER STARTER SET TO FILL UP THE RESERVOIRS**

We advise beginners to use a combination of the three most important colloidal metals: One bottle (500 ml) each of gold, silver and platinum is included in our Booster Starter Set. In addition, you get a bottle (1 litre) of gold or platinum – the choice is yours - as well as a spray bottle (100 ml) with a colloidal metal of your choice.

On the one hand, the set serves to get to know our products and their quality, on the other hand to quickly fill up on the important "brain metals" gold and platinum - because our brain is our supreme control centre that regulates all systems and organs.

# NOTES, HINTS AND RECOMMENDATIONS ON THE USE OF COLLOIDAL METALS

## For the effects of Trimedea colloidal metals to unfold properly, please follow our instructions and tips on application, dosage, and storage.

We advise beginners to quickly fill up their body's own supplies: It is best to start with the "nerve and brain metals" such as Gold, Platinum, Cobalt, Iridium, Rhodium and/or Palladium, if available in the packages. On the one hand, it serves to get to know our products and their quality, on the other hand, it serves to quickly replenish the important catalytically highly active "brain metals". You can take 3-5 different metals per day – with a time interval of 15 to 30 minutes. Whether you take 3 metals in the morning and 2 others in the evening or all of them one after the other (with a minimum interval!) is up to you. The metals remain in the body until they are no longer usable in the metabolism, then they are excreted through the urine.

You can use up the one-litre bottles within 7 days or use it within 30 days, depending on how quickly you want to replenish the supplies. If you use different sets, take the detox metals one day, the brain metals the next day, for example, alternating day by day. When the desired level is reached, continue with a maintenance dose. This is very individual: The more natural your food, the better the soil in which the food is grown, the fewer colloids need to be added. More on this under the heading: More binding recommendations.

#### APPLICATION OF COLLOIDAL METALS

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It is optimal to keep the liquid in the mouth for 1 to 3 minutes so that the colloidal particles can migrate directly into the blood via the mucous membrane of the mouth; simply swallow the rest. The high-energy colloids should be used with a plastic or wooden spoon (no metal!) or a measuring glass (40 ml) as a dosing aid.

Externally, the colloids can be rubbed into the crook of the arm or on the wrist (e.g., for small children). Likewise, the affected areas of the body can be sprayed thinly with a spray bottle. For internal applications, spray the liquid into the mouth with the spray dispenser. This way, the colloids are absorbed directly through the oral mucosa. For pets, simply add the colloids to the drinking water. For injury, pain, or skin problems, spray them directly onto the skin.

#### TRANSPORT AND STORAGE OF COLLOIDAL METALS

Do not place the bottles near strong electromagnetic sources, electric wires, and devices. Ensure a minimum distance of one metre. It is best to store your colloidal metals in a pantry or a cellar that is not too cold. A light-protected place at room temperature is optimal.

Important: Do not bring into contact with metal. Therefore, under no circumstances use a metal spoon for ingestion. Drinking directly from the bottle may cause contamination, so we recommend taking it with a plastic spoon or a measuring glass. Alternatively, you can also use our spray doser.

Shelf life unopened 12 months (exception platinum 3 months). After that, the colloid remains edible – only the effectiveness may be slightly reduced.

Keep out of the reach of children. In case of unintentional increased intake: Do not worry – true colloids do not deposit in the body.

#### DOSAGE RECOMMENDATIONS

Adults: 1 x daily 30ml (2 tablespoons of 15ml) Children: 1 x daily 15ml (1 tablespoon of 15ml) Infants: 1 x daily 3-10ml (1 teaspoon of 5ml)

Take in the morning or evening before meals. True colloids cannot be overdosed, as excess and unusable particles are excreted. Deposits in the tissue do not take place.

#### **IMPORTANT NOTE**

There should be at least 15 to 30 minutes between taking different colloids. Gold should not be taken in the late evening, as it has an activating effect. Colloids – in contrast to other forms of administration – do not compete with other elements when they are absorbed. They also do not influence their counterparts and can therefore be taken one after the other. Opened bottles should be used up within 30 to 60 days! When bottles are opened, air can get into the bottle, and the suspended matter and particles in the air can react with some of the catalytically active/ highly active metals. These can be filtered out with an unbleached coffee filter.

#### WHAT DO COLLOIDS TASTE LIKE?

Neutral, like pure water, in exceptional cases slightly metallic, but this is very rare at our concentrations of 5-10 ppm.

#### TAKING COLLOIDS WITH BRACES OR METAL DENTAL IMPLANTS

The surface of metal parts such as braces, dentures or fillings is relatively small compared to the volume of the oral cavity, therefore completely harmless. Ingestion with a metal spoon, on the other hand, is not advisable, because the surface of a metal spoon is much larger. You can take the colloidal metals by

a) swallowing them immediately, so that the contact of the colloids with the metal parts is as short as possible

or

b) keeping them in your mouth for 10 seconds, so that some of the colloids can be absorbed directly through the mucous membrane of your mouth and then swallowing them

If you swallow the colloids immediately, the colloids enter the blood via the stomach, and intestines and are then finely distributed in the body. The colloids are electrically neutral (unlike ionic solutions, which are produced by electrolysis!). They do not react on their way through the body and do not form compounds with other elements (food supplements, food, liquids, etc.).

## THERE CAN BE NO MORE BINDING RECOMMENDATIONS, BECAUSE EVERY PERSON HAS INDIVIDUAL

- eating habits
- physical conditions and activities
- family, professional and social environments
- nutrient contents in food due to regional differences
- possible deficiencies or deficiency symptoms



#### SETS FOR SPECIAL REQUIREMENTS

The combination of selected colloids can do a lot of good for our body. That is why we offer you sets for different topics: Three to five metals plus other products from our range are specifically matched to each other to unfold the full effect for your health in synergy.

On the following pages and on the Trimedea website you will find a large selection of Starter, Power, and Special Sets for your requirements. If you can't find the right one, please contact us at any time, and we will put together the right combination for you. And the best thing is that you always get the most expensive colloid in the sets for free.

## POWER-SET DETOX AND VACCINE ELIMINATION

The carefully selected combination of colloids enhances detoxification and vaccine elimination in our body.

The five colloids Tantalum, Copper, Zinc, Gold, and Germanium complement each other perfectly to activate the body's own protective and detoxification mechanisms, and to accelerate repair processes. Increased blood circulation, oxygen uptake, and energy production, as well as the binding and elimination of inoculants and harmful auxiliary substances are the goal of this detox combination.

#### POWER SET BRAIN AND CREATIVITY

The Power Set for increased brain activity and creativity: The five "brain metals" Gold, Platinum, Palladium, Iridium and Rhodium complement each other perfectly to replenish our body's supplies, effectively increasing brain power and creativity. The combination of these colloids optimizes nerve and brain function in many ways, and enhances intuition, perception, and sensitivity.

#### POWER SET OXYGEN AND ENERGY

The Power Set for increased performance and more power: The five colloids Gold, Iron, Chromium, Germanium and Cobalt complement each other for increased performance and energy.

Soon after taking it, the lung function and oxygen supply in the body improves and our energy level rises.



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OFFERS





## STARTER SET DETOX AND VACCINE ELIMINATION

This Set increases the detoxification and repair processes in the body, especially in cases of exposure to vaccines and heavy metal compounds. The selected colloids in combination with Sango Pur (page 15) kick the detox metabolism into high gear, especially in the case of complaints currently caused by vaccines and vaccine additives. The three colloidal metals Tantalum, Copper, and Zinc work in synergy to bind and eliminate toxins.



#### **EYE SPECIAL SET:**

## COLLOIDAL GERMANIUM FOR MORE VISUAL ACUITY, AGAINST TIRED EYES

Colloidal Germanium, produced in a highvoltage plasma process with 10,000 volts (no electrolysis), immediately improves blood circulation, oxygen transport and the efficiency of energy formation in the mitochondria. For this reason, effects are usually felt immediately:



- Increase in visual acuity, clearer vision
- Decrease in intraocular pressure
- Tired eyes become fresh and vital (multiple daily applications as a spray are useful)
- Acceleration of regeneration and repair processes of the eyes

Increased use is highly recommended for intensive work at computer workstations or when driving – if you find a healthy balance and act bio-logically!

#### APPLICATION AND DOSAGE

Drop 1-2 drops into each eye (or several sprays, depending on the type of bottle), then blink a little, so that the colloidal germanium is distributed. After about 30 seconds, your vision should be slightly better and tired eyes should be fresher.

The first time, the conditions should be such that an immediate effect can be felt, to also have the certainty that it will work, if, for example, the eyes are very tired (driving, screen work, etc.) or over the day the visual acuity noticeably decreases (e.g., after eating). When using colloidal Germanium, the effect should be noticeable and visible after a short time. It can be used several times a day if necessary.

#### SPEZIAL-SETS

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## SPECIAL SET BRAIN, BURNOUT AND DEPRESSION

This Special Set with Gold, Platinum and Cobalt activates the brain metabolism and creativity. It leads to faster solution finding and accelerates thinking processes. The colloids bring your brain up to speed, have a mood-lifting effect and bring clarity and decisiveness.

#### **SUGAR METABOLISM & CRAVINGS**

The four colloids Chromium, Vanadium, Gold, and Platinum complement each other perfectly to optimize sugar metabolism (in diabetes, for example), reduce cravings for sweets and increase brain power and creativity.







#### **SPECIAL SET ALLERGY & HAY FEVER**

The three colloids Silver, Cobalt, and Gold work together to counter acute allergic symptoms. For internal and external use for itchy and watery eyes, itching in the ears and palate or runny nose.

#### **TRIMEDEA-SET**

#### WITH COLLOIDAL METALS, SANGO PUR AND BERRY VITAL

Make sure you get your basic supply of the best from our range in unique Trimedea quality as a monthly/three-monthly pack:

- 1 x 1000 ml Colloidal Gold: Boosts brain activity and IQ
- + 1 x 1000 ml Colloidal Platinum: Activates brain power, creativity, and concentration
- + 1 x 100 g Sango Pur: Basic supply with minerals and trace elements
- + 1 x 250 ml Berry Vital: The most valuable secondary plant substances from 8 power berries
- + 1 x 100 ml Colloidal Silver: Immediate help for injuries, wounds, and inflammations

#### SPECIAL SET BONES, OSTEOPOROSIS AND WOUND HEALING

Colloidal silicon, colloidal gold, sango coral and silicon dioxide in the smallest particle size for optimum bioavailability: This special combination creates the conditions for rapid and optimum repair processes in the event of increased bone resorption, after bone fractures (e.g. femoral neck, foot and knee joint, arm, collarbone, jawbone, spine) and for callus formation.

It strengthens bone metabolism (osteoporosis) and accelerates wound healing after bone fractures.



#### NASAL SPRAY MADE FROM COLLOIDAL METALS:

#### **RAPID SUCCESS WITHOUT SIDE EFFECTS**

The best solution for a blocked nose: The spray made from three colloidal metals works immediately and does not lead to addiction. Silver, cobalt, zinc – nothing more: it does not require any other additives, which often damage the mucous membranes in the long term.

The individual colloidal metals, produced with 10,000 volts in a high-voltage plasma process, work synergistically and take into account important metabolic processes:

- Colloidal silver: anti-inflammatory, decongestant, pain-relieving and for allergic reactions or allergic reactions
- Colloidal cobalt: for allergic causes, bioavailable "vitamin B12 / cobalamin"
- Colloidal zinc: strengthening the immune function, protecting and building up the mucous membranes

#### **Application**

The application is very simple: As with normal nasal sprays, apply 1 to 2 sprays into each nostril and repeat the process several times a day if necessary. Even long-term use does not damage or irritate the mucous membranes. These unique nasal drops made exclusively from colloidal metals are not addictive.

They are suitable for children as well as adolescents, adults and senior citizens. The drops should be used up within 3 months.



#### **MORE SPECIAL SETS**

#### SET OF THREE: 3 X 500 ML COLLOIDAL METALS + 1 FREE OF CHARGE

There are eight combinations of three different colloidal metals to choose from:

- Gold, platinum and silver
- Gold, platinum and cobalt
- Platinum, iridium and rhodium
- Iridium, rhodium and palladium
- Copper, zinc and silver
- Copper, silicon and zinc
- Molybdenum, vanadium and cobalt
- Chromium, iron and cobalt

Choose a variant with 3 x 0.5 litres and receive *a* additional 0.5 litres of a colloidal metal of your choice free of charge.

SKIN REPAIR: COLLOIDAL SILICON, COPPER, SILVER, ZINC AS A SPRAY

Four perfectly harmonized colloidal metals work in synergy to treat a variety of skin complaints.

Colloidal silicon, copper, silver and zinc at 10ppm each for external use in a 100 ml spray bottle.

#### TRAVEL SET WITH THE 4 MOST IMPORTA... COLLOIDAL METALS FOR TRAVELLING

**4 x 100 ml in violet glass spray bottles:** Colloidal silver for acute injuries, wounds, swelling and inflammation; zinc for joint and muscle pain; cobalt for allergic symptoms (in combination with silver) and as nerve nourishment (vitamin B12) and germanium for tired eyes and diminishing eyesight during the day due to visual exertion.







SETS AND OFFERS CAN BE FOUND IN THE WEBSHOP OF

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As the second most abundant element on earth, silicon is also of outstanding importance for our well-being and health in our body. The advantages and positive properties of Colloidal Silicon are – in contrast to ionic silicon solutions – fundamental and very significant in terms of effects in metabolism, reaction energy, bioavailability, benefits, risks, and product prices.

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Not many manufacturers can produce true Colloidal Silicon because, like germanium, it is extremely brittle and breaks down quickly at high voltages (10,000 volts, plasma). True Colloidal Silicon has no risks or side effects when used as recommended.

#### **COLLOIDAL SILICON**

- For detoxification and elimination throughout the body
- Increases performance in cases of cardiac insufficiency, heart failure and general weakness
- Structural element for connective and supporting tissue, bones, tendons, and ligaments
- Strengthens skin, hair, and nails
- For more elasticity in the vascular system (arteries/veins)
- Increased formation of elastin and collagen fibres
- Improves the energy formation processes in the cells/mitochondria

#### SILICON DETOX SET: COLLOIDAL SILICA AND ZEOLITE

#### Two sources of silicon for an effective and profound detox programme

Genuine colloidal silicon (10 ppm, high-voltage plasma process) is quickly and completely bioavailable; in combination with zeolite as an ultra-fine powder, detox, detoxification and elimination are completely redefined.

This unique combination of silicon enables the effective and systemic elimination of pollutants such as aluminium, heavy metals, vaccine additives, glyphosate and many other harmful substances. **Plus:** colloidal silicon as a spray bottle for skin, hair, nails, joints, bones and wounds.

## COLLOIDAL TANTALUM 5 PPM

- Purifies and detoxifies the body
- Strengthens physical endurance
- Neutralizes and protects against excessive exposure to radiation
- Effectively eliminates many environmental toxins
- Eliminates aluminium and heavy metal compounds
- Helps against nausea and malaise
- Skin smoothing effects

## COLLOIDAL COPPER 10 PPM

- Provides structure and elasticity of bones, connective tissue, and blood vessels
- Antioxidant effect
- Improves skin hydration
- Main element of many important enzyme compounds
- Reduces excess hormones
- Antibacterial and disinfectant effect
- Balances the activity of the thyroid gland

# COLLOIDAL

#### 5 PPM

- Has an antioxidant, anti-aging effect
- Improves brain metabolism
- · Promotes mental activity and lucid dreams
- Improves and deepens concentration
- Increases the speed and quality of signal transmission at synapses
- Activates the pineal gland and the "3rd eye"

## COLLOIDAL PALLADIUM 5 PPM

- Improves concentration
- Strengthens memory
- Promotes the ability to see
- Particularly catalytically active metal (enzyme metabolism)
- Improves muscle performance and fine motor skills
- Strengthens creativity and positive thinking

## COLLOIDAL ZINC 10 PPM

- As an essential trace element involved in many reactions in the body
- Activates the immune system and metabolism
- Helps with skin and hair problems
- Promotes wound healing and healthy skin renewal
- Protects against oxygen radicals as an antioxidant
- For joint and muscular pain



- Improves breathing and lung performance
- Regulates insulin metabolism and reduces the desire for sweets
- Lowers cholesterol
- Helps lose weight, prevents hunger
- Antioxidant, protects against free radicals

## COLLOIDAL COBALT 5 PPM

- Particularly important for vegans, bioavailable central element of vitamin B12
- Effective against fatigue, chronic exhaustion, and anaemia
- Activates the brain, protects nerve cells
- Regulates hormone production
- Helps against lack of concentration
- Reduces allergic reactions and hay fever

## COLLOIDAL VANADIUM 10 PPM

- Stimulates movement, activates circulation
- Lowers blood sugar, effective with chromium in diabetes
- Improves and regulates growth disorders
- Important in bone metabolism for mineralization
- Involved in thyroid metabolism
- For sexual disorders and infertility

### COLLOIDAL GERMANIUM 5 PPM

- Improves oxygen supply to cells and organs
- Increases blood flow and microcirculation
- Activates the body's own antioxidant protective enzymes
- Optimizes immune cells and immune function
- Helps with eye diseases
- Detoxification and elimination of heavy metal compounds

## COLLOIDAL RHODIUM 5 PPM

- Activates and improves brain metabolism
- Accelerates signal transmission between nerve cells and synaptic connections
- Has antioxidant and cell-protective effects
- Optimizes repair processes of DNA (genetic material)
- Promotes mental clarity, alertness, and decisiveness

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#### 10 PPM

- Improves muscle strength and endurance
- Increases physical and mental performance
- Improves blood circulation and oxygen supply
- Helps against skin pallor, anaemia, and hair loss
- Strengthens heart function
- Relieves headaches, insomnia, and constipation

## COLLOIDAL MOLYBDENUM 10 PPM

- Stabilizes kidney and uric acid metabolism
- Activates alcohol and nicotine breakdown in the liver
- Reduces gout and rheumatism symptoms
- Effective antioxidant
- Increases potency, fertility, sexual function
- Soothes mucous membranes in the gastrointestinal tract
- Improves visual impairment and visual disturbances



in ultra-fine particle size





#### ZEOLITH PUR: FOR INTERNAL CLEANSING AND NATURAL DETOXIFICATION

Effective detox – Zeolith Pur makes it possible: The natural volcanic rock improves our ability to rid the body of pollutants, environmental toxins, and heavy metals safely and effectively. The main ingredient of the high-quality zeolite is clinoptilolite with a share of 95 % and 5 % bentonite. The silicon/silicon dioxide contained in zeolite is a structuring element that is vital (essential) for our body, and has many other interesting functions, in addition to binding and excreting harmful substances.

The special thing about Zeolith Pur is on the one hand the fineness of the powder, on the other hand its unique activation and energization. This significantly improves the effects and effects – in comparison to non-energized zeolite. The technically complex airflow grinding to reduce the particles to 6  $\mu$ m (full range: 1-24  $\mu$ m) gives the powder an enormously increased surface area and cation exchange capacity of more than 200 meq per 100 g. This makes it particularly effective for binding and expelling pollutants.

A particle size of 6 micrometres (instead of 30 to 90) is a prerequisite for the optimal expulsion of pollutants and delivery of valuable minerals in ion exchange for our metabolism.

#### **ADVANTAGES OF ZEOLITH PUR**

- Perfectly suited for detoxification/elimination of pollutants such as aluminium and heavy metal compounds, environmental toxins, vaccine additives, etc.
- Enormous enlargement of the surface like a porous sponge, due to ultra-fine particle size
- Additional activation and energization with UMH technology, and thus also purification of
- pollutant information
- Best possible protection in violet glass

#### MANKIND'S OLDEST REMEDY FOR HEALING, REJUVENATION, AND BEAUTY

The structure and properties of volcanic rock have been known for many years, and have been very well studied regarding the binding and elimination of harmful substances and as a structure-forming element. Hippocrates, Avicenna, and Paracelsus already used zeolite and the silicon it contains successfully in medicine. It is considered to be the oldest healing, rejuvenating, and beauty remedy of mankind.

Zeolite is a structure-giving and structure-forming element for bones, connective tissue, tendons, ligaments, skin, elastin, and collagen fibres as well as vascular walls. It improves the effectiveness of heart muscle cells, conduction, and energy formation. With the understanding of the structure and properties, it is bio-logical to supply the body with enough zeolite/clinoptilolite daily to prevent deficiencies and decreasing flexibility and elasticity, especially in old age.

#### ARE ONLY ZEOLITE PRODUCTS WITH MEDICAL CERTIFICATION RECOMMENDED?

Certification as a medical product is no guarantee of good product quality and/or safety. Non-certified zeolite products can also meet the highest quality criteria. With only one difference: Non-certified products are usually cheaper, since the time-consuming documentation with main product files, description of internal processes for quality assurance, external auditors, and a whole host of other additional projects and costs are not required.

The many scandals with certified medical products such as implants, prostheses, pacemakers, countless "best-studied medicines" that were taken off the market without a sound after a very short time because of massive side effects confirm this.

We have established several quality management systems and maintained them over the years. Not only DIN EN 9001, but also DIN EN 13485, a quality management system for medical products, were implemented. We therefore know exactly what we are talking about. The quality, effectiveness and efficiency of products are not achieved through certificates, but through innovation, quality awareness, critical thinking, and inventiveness.

#### **APPLICATION AND DOSAGE**

We recommend taking 3 to 10 grams daily – 3 grams equals one level teaspoon. Dissolve the powder in sufficient water and always drink in sips. Keep each sip in your mouth for 10 to 30 seconds before swallowing, until all water/liquid is ingested. One violet glass container (180 g) corresponds to the monthly requirement of an adult at 6 g daily.

Adults (weight: from 50 kg) Up to 3 x daily 1 level teaspoon of 3 g each Children (weight 10-50 kg) Up to 2 x daily 1/2 level teaspoon of 1.5 g Infants (weight: 2-10 kg) Up to 2 x daily 1/2 level espresso spoon of 0.5 g

**Intake:** Take in the morning and evening before meals (30-60 min) or alternatively in the evening before going to bed. Please use a plastic or wooden spoon – no metal! **Zeolith Pur can be used permanently.** 

SILIZIUM ZEOLITH

Ultra-fine powder, activated & energized for best possible bioavailability

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DETOX - STRUKTUR - ENERGI ITRAFEINE PARTIKELGRÖGSE FÜR OPTIMALE BIOVERFÜGBARKEIT 6 µr

TRIMEDEA

UMH-AKTIVIERTES SILIZIUM

TRIMEDEA

DETOX - STRUKTUR - ENERGIE

6 um

3,5µm

#### ZEOLITE & SILICON DIOXIDE FOR PHYSICAL AND MENTAL DETOXIFICATION AND ELIMINATION

The combination of zeolite (clinoptilolite) and silicon dioxide is particularly effective: the combined properties of these two important elements provide even better and sustainable detox, and supply the body with bioavailable silicon.

The effectiveness of the volcanic rock zeolite has been known for many centuries and is very well proven in terms of binding and eliminating harmful substances. Silicon dioxide has unique properties and plays several important roles in metabolism. It provides bioavailable silicon for structure formation, stability, flexibility, and elasticity. It has biophysical properties for energy conversion through its piezoelectric and photoelectric properties. And it provides for the transmutation of unnatural and destructive vibration patterns (pollutant information in the body water/cell water) into constructive and natural vibration and information fields. Silicon dioxide is an optimal storage, receiver and transmitter of information and bio-photons. The effect: purification on all levels – body, mind, and soul.

#### **ADVANTAGES OF SILIZIUM PUR + ZEOLITH PUR**

- Perfectly suited for detoxification and elimination of harmful substances, such as aluminium, heavy metal compounds, environmental toxins, vaccine additives, etc.
- The two important building blocks zeolite (95 % clinoptilolite, 5 % bentonite) and bioavailable silicon dioxide in individual composition
- Very large active surface due to ultra-fine particle size
- Detoxification and cleansing for body, mind, and soul
- Unique and multi-stage process for activation energization with UMH technology
- Best possible protection in violet glass

#### WHAT DOES OUR BODY NEED SILICON FOR?

- Building material for bones, cartilage, connective tissue with elastin and collagen fibres
- Energy formation of the heart muscle cells and conduction of impulses
- Beauty of skin, hair, and nails
- Elasticity of tendons and ligaments
- Stabilizes connective tissue, counteracts cellulite
- Energy formation/cell energy metabolism
- Elasticity of the vascular system: vascular walls, arteries, veins, capillaries
- Regulation of immune functions, inflammation

#### WHAT ACTUALLY IS SILICON?

Silicon (Si) is the second most common element on earth after oxygen. Silicon is a semimetal - and thus has the properties of metals and non-metals. Silicon does not occur in nature as an element, i.e., in pure form, but is usually present as a chemical compound of at least two or three elements. Silicon compounds are known as: Zeolite, clinoptilolite, bentonite, montmorillonite, silicon dioxide, silicic acid, and silica.

#### AND WHERE DOES THE ZEOLITE COME FROM?

The extraction area for our zeolite is in the Carpathians. Zeolites differ in composition and, depending on their mining areas. Their common denominator: They became microporous volcanic rock after volcanic eruptions, and subsequent contact with water/seawater and the minerals and salts in it. Like a sponge, this rock has many small cavities and channels (0.4 to 0.7 nanometers) – the higher the number of and smaller the cavities are, the better zeolite can absorb the "waste" in the body, bind it and thus bring it to excretion.

#### APPLICATION AND DOSAGE

You can take Zeolith Pur and Silizium Pur together. The dosage of Zeolith Pur can be found on page 15. For Silizium Pur we recommend a daily intake of 50 to 300 milligrams – 100 mg corresponds to the enclosed level measuring spoon (large). The small measuring spoon holds 15 mg. Depending on your needs, you can increase or decrease the daily dose and the proportion of each powder yourself. Dissolve the powders in sufficient water and always drink in sips. Keep each sip in your mouth for 10 to 30 seconds before swallowing. The tin of pure silicon (30 g) corresponds to the needs of an adult of about 2 to 4 months.

Adults (weight: from 50 kg) Up to 3 x daily 1 level measuring spoon (big) of 100mg each Children (weight: 10-50 kg) Up to 2 x daily 2 level measuring spoons (small) of 50mg each Infants (weight: 2-10 kg) Up to 2 x daily 1/2 level measuring spoon (small) of 15mg each

**Intake:** Take in the morning and evening before meals (30-60 min) or alternatively in the evening before going to bed. **Silizium Pur can be used permanently**.

# CDS CHLORINE DIOXID

Proven and highly effective against germs and parasites



### CDS AGAINST BACTERIA, PARASITES AND FUNGI, FOR YOUR HEALTH

# MORE EFFECTIVE THAN ANTIBIOTICS OR DISINFECTANTS – AND WITHOUT ANY RISKS AND SIDE EFFECTS

There is a proven remedy against disease-causing parasites, bacteria, and a wide variety of ailments that many people do not (yet) know about: CDS (chlorine dioxide solution). It is highly effective against bacteria, viruses, fungi, parasites, mites, spores, algae, legionella, and countless ailments. Due to its high oxidizing capacity, CDS kills germs more effectively than conventional disinfectants or antibiotics, without risks and side effects, as worldwide reports and studies prove.

That is why we have now added CDS to our range. Trimedea's 3000ppm chlorine dioxide solution (0.3%) comes in a 100ml violet glass bottle with three different tops to simplify dosing and different applications. Our 0.3% CDS solution is made with osmosis water as the base, then distilled and UMH activated – and when taken diluted with water, our CDS is virtually tasteless.

#### WHAT EFFECT DO CDS HAVE?

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- Kills all types of disease-causing germs and parasites through oxidation
- More effective against multi-resistant bacteria than antibiotics
- Effectively disinfects wounds and injuries
- Neutralizes heavy metals and environmental toxins
- Increases the body's performance and energy
- Increases the amount of usable oxygen in the tissues and thus removes the breeding ground for many complaints

#### WHAT IS CHLORINE DIOXIDE?

Chlorine dioxide is a water-soluble gas consisting of chlorine and oxygen. The gas dissolves in water at temperatures below 11 °C, the resulting highly diluted (yellowish) liquid is then the CDS (chlorine dioxide solution). Chlorine dioxide (CD) disinfects and acts by oxidation without producing harmful degradation products. It decomposes into oxygen, water, and common salt, which is completely harmless to the body.

Side effects and overdoses are not known with diluted solutions (basis: 0.3% chlorine dioxide solution, which is further diluted) and if taken according to instructions.

Warnings in the media always refer to MMS (Miracle Mineral Supplements) or other solutions – never to 0.3% chlorine dioxide solutions or 3000ppm solutions.

#### SO, CHLORINE ISN'T HARMFUL AFTER ALL?

The names chlorine dioxide and chlorine are confusingly similar, but they are two completely different agents that react and function chemically quite differently.

In contrast to chlorine dioxide, chlorine (Cl) kills pathogens by chlorination. This process can produce harmful compounds and substances that are hazardous to human health. If risks and side effects are mentioned in reports, they always refer to MMS or other solutions – not to chlorine dioxide/CDS!

# WHAT COMPLAINTS AND SYMPTOMS DOES CDS HELP WITH, ACCORDING TO WORLDWIDE REPORTS?

- Arterial congestion, arteriosclerosis
- Arthritis
- Asthma, bronchitis, pneumonia
- Bladder diseases, hemorrhoids, kidney inflammation
- Colds, fever, flu
- Infections, malaria, tetanus
- Gastrointestinal infections, stomach ulcers, colon diseases
- Neurodermatitis, parasite infestation, fungal diseases
- Psoriasis, warts
- Earache, bursitis
- Wounds, gum inflammations
- And many more ...

For ordering CDS at Trimedea, the QR code on the right will take you to our webshop: trimedea.com/cds-chlorinedioxid





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### LACTIC ACID FOR GUT HEALTH

To maintain or regain our health, RMS L+ supports you exactly where it is needed – in the intestines, in the blood, in the cells and in the intercellular space. When taken regularly, the dextrorotatory lactic acid RMS L+ from Trimedea ensures healthy intestinal flora, and promotes pH balancing in the blood and connective tissue. As a result, the lactic acid RMS L+ improves many complaints – even acute symptoms in the throat, pharynx, and lung area.

#### WHAT IS LACTIC ACID AND HOW DOES IT WORK?

The secret of RMS L+ lies in the balancing of the pH level of the blood and the manifold effects on our intestinal flora. Through the regular intake of high doses of L(+) lactic acid (at least 21%), the fermentation metabolism in the cells can be "switched" back to the oxygen-dependent metabolism. In the intestines, this leads to an increase in the performance of our friends and helpers – the microorganisms (the microbiome).

#### RMS L+ IS USED AGAINST MANY DISEASES OF CIVILISATION

Acidosis of the connective tissue is mainly caused by fermentation and putrefaction processes in the intestine and disturbed metabolic processes. One cause of this is our modern diet. The countless microorganisms in the intestine could work very effectively – like a compost heap that is stimulated to top performance with biological waste (without chemicals). However, if the microorganisms are given low-quality or chemically treated food every day, their activity and function is inhibited or even blocked.

An excessively protein-rich diet (high meat and sausage consumption) often leads to the formation of the poorly degradable and unhealthy levorotatory lactic acid, with corresponding putrefaction processes and negative effects on the overall metabolism. In the long run, these fermentation and putrefaction processes change the microbiome – the composition of the intestinal bacteria – and thus affect our entire body.

#### ADVANTAGES OF RMS L+

- Improvement of natural metabolic processes
- Regulation and optimisation of pH levels of the blood and connective tissue
- Multiple positive effects on the micro-organisms in the intestine
- Regulation of the acid-base balance
- Detoxification and intestinal cleansing

#### FIELDS OF APPLICATION OF RMS L+

- Metabolic disorders
- In case of high meat and sausage consumption
- Allergies and stress
- Symbiosis control after antibiotic therapy
- Beginning symptoms of colds/infections
- With chronic pain
- And for many other complaints ...

#### APPLICATION AND DOSAGE

For acute symptoms and complaints, take the calculated dose 3-4 times a day. For intestinal rehabilitation take 1-2 times daily for at least 4-8 weeks.

Caution: Do not take the drops undiluted! Dosage: 1 drop per 3kg body weight diluted in 100-200 ml water or tea, take in sips.

Up to 15kg = 5 drops Up to 30kg = 10 drops 50-60kg = 20 drops 80-90kg = 30 drops

#### IMPORTANT NOTES ON RMS L+

#### Interactions:

Taking RMS L+ in combination with biologically high-quality food supplements improves their absorption and effect in the body. Interactions with medicines are not known so far.

#### Please note:

Do not exceed the recommended daily intake stated. Do not use food supplements as a substitute for a balanced and varied diet and a healthy lifestyle. Store in a cool, dry place out of the reach of children.

The history and scientific basis in treatises go back to Dr. Paul Gerhardt Seeger.

More information on our FGS website





Sango Coral from Okinawa Ultra-fine particle size (8 microns)



#### SANGO PUR IN BEST OKINAWA QUALITY:

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#### VITAL TRACE ELEMENTS IN OPTIMAL BIOAVAILABILITY IDEAL FOR YOUR HEALTH AND A LONG LIFE

Much more than calcium and magnesium: Over 70 trace elements are contained in the Sango sea coral from Okinawa – in an almost perfect, bioavailable ratio for us humans. With daily intake, you achieve an optimal basic supply of all necessary minerals, trace elements and ultra-trace elements.

#### SANGO SEA CORAL IN OPTIMAL BIOAVAILABILITY

Sango Pur forms the basis of a well-functioning metabolism: as a pure natural product, it is optimal for our body, our cells, and their diverse tasks and metabolic activities. As the only one of the approx. 2,500 coral species, the Okinawa coral has unique filter and purity qualities.

#### ADVANTAGES OF SANGO PUR

- Contains more than 70 of the 81 stable elements of our earth
- Naturally optimal mixing ratio of the elements
- Sustainable extraction of millennia-old Sango corals from Okinawa (no overexploitation!)
- 100% natural, without any additives, free of radioactive elements
- Optimal bioavailability due to ultra-fine particle size
- 500% smaller particles than other Sango coral preparations
- Best possible protection in violet glass
- · Additional activation and energization with UMH and SET technology





# ULTRA-FINE PARTICLE SIZE FOR OPTIMAL BIOAVAILABILITY

Through a technically very complex process of reduction and energization, we provide Sango Pur in the smallest particle size available – 500 percent smaller than most coral preparations on offer. A particle size of 8 micrometres (instead of 40 to 50 micrometres) is unique on the market and the prerequisite for optimal bioavailability, absorption capacity, and utilization in our cells.

#### SANGO PUR: UNIQUE DIVERSITY OF THE CHEMICAL ELEMENTS

We have exactly 81 stable elements on our planet. More than 70 elements are contained in the sea coral from Okinawa – in an almost perfect, bioavailable quantity ratio for us humans. And we cannot do without any of them: Every element, no matter how small, fulfils important functions in our metabolism.

#### **BIOAVAILABILITY: THE FINER THE PARTICLES, THE MORE EFFECTIVE**

Most preparations on offer have a particle size of 40 to 50 micrometres – Sango Pur has a particle size of only 8 micrometres! Our 500% finer powder is much easier for the human body to absorb, which significantly improves bioavailability. The manufacturing process to produce such small particles is technically more complex and costly. You can find out more about the power of Okinawa sea coral on the FGS info portal.

#### NO OVEREXPLOITATION OF LIVE SANGO CORALS

What is good for humans must not harm nature: That is why we never use corals that have been harvested alive. The Sango sea coral from Sango Pur is fossilized coral that is millions of years old. When harvesting, we only take fossil parts that have already detached from the coral reefs. They are harvested directly from the seabed at a depth of 50 metres, under the supervision of the Japanese environmental authority.

#### **USE AND DOSAGE**

Convince yourself of the quality of Sango Pur: You receive the nutrient-rich powder in practical and shapely containers made of light-proof violet glass. You have the choice between two sizes: 100 grams and 300 grams.

We recommend taking 3 x 1 gram daily (1/3 teaspoon): Dissolve the powder in sufficient water and drink it in a short time. The small glass corresponds to one month's requirements, the large glass contains your ration for 100 days. You can find out even more interesting facts about the power of Okinawa sea coral on the FGS info portal.





Molecular hydrogen in exclusive quality from Japan



#### **MOLECULAR HYDROGEN AGAINST OXIDATIVE STRESS**

H2 Pur – molecular hydrogen: The smallest molecule can work wonders in the body. It increases energy production and therefore performance. You regenerate faster after physical and mental activity and it is effective against many types of headache. H2 Pur also balances out impaired digestive function and neutralizes free radicals. As a natural antioxidant, it shows excellent results as an anti-ageing agent.

#### **ADVANTAGES OF H2 PUR**

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- Smallest and lightest molecule that reaches every part of the body
- Increased performance/energy production
- · Faster regeneration after physical/mental activity
- Help against many types of headache
- Improvement of impaired digestive function
- Effective and selective antioxidant (neutralization of free radicals)
- Optimum anti-ageing effects on skin, connective tissue and cell structures
- Effect down to the mitochondria, against mitochondriopathies
- No risks or side effects with the recommended dosage
- Best possible protection in violet glass

#### WHAT IS MOLECULAR HYDROGEN?

Molecular (free) hydrogen is a chemical compound consisting of two hydrogen atoms (H2). Normally, hydrogen consists of a positively charged proton and a negatively charged electron. As they only have one electron, hydrogen atoms are particularly reactive, meaning that hydrogen only occurs in its atomic form under special circumstances. As a rule, two hydrogen atoms combine to form an H2 molecule (molecular hydrogen or free hydrogen).

#### MOLECULAR HYDROGEN AGAINST PREMATURE AGEING, FOR MORE ENERGY

Two atoms combine to form an H2 molecule that is so small that, when dissolved in water, it reaches every cell in the body, no matter how far away. It easily crosses any cell membrane or other barrier to deliver the energy to where it is needed. As a super antioxidant, it provides free electrons that neutralize the particularly harmful free radicals and oxygen radicals (ROS) quickly, effectively and selectively.

#### FOR IMMEDIATE AND DIVERSE EFFECTS THROUGHOUT THE BODY

In addition, H2 Pur is multi-level energized. The molecular hydrogen H2 Pur sets new standards in this area: It releases a high quantity of hydrogen, with multi-level energization and immediately noticeable effects in the body. The source of our unique and exclusive H2 tablet is Japan.

Convince yourself of the quality: H2 Pur comes in a practical and attractive container made of light-proof violet glass with 30 tablets. Each tablet must be dissolved in pure water (or other liquids)!

#### **APPLICATION AND DOSAGE**

Adults (weight: from 50 kg) Dissolve 1 tablet in water/liquid up to 2 x daily and drink directly Children (weight: 10-50 kg) Dissolve 1 tablet in water/liquid up to 1 x daily and drink directly Infants (weight: 2-10 kg) Dissolve 1/2 tablet in water/liquid up to 1 x daily and drink directly

**No interactions** with medication or food supplements are known. When taking CDS chlorine dioxide, please observe the instructions for taking CDS!

Can be taken at any time during the day:

- Immediately before increased performance or concentration is required
- At the onset of developing headaches
- At the beginning of various complaints or pain conditions

Please drink enough good and pure drinking water! Good, commercially available drinking water is available from brands such as Lauretana, Plose and Black Forest. A water filter system (without electricity) such as the UMH Hexagon is cheaper in the long term and activates and energizes the water. Detailed information on the use and dosage of H2 Pur can be found on the **FGS information portal**.

You find more information about the properties of molecular hydrogen on the **FGS information portal**.





Booster for fast and effective learning

### LEARNING THROUGH THE SKIN: FOR QUICK RELAXATION, MEDITATION AND SUPERLEARNING

With the IQ Balancer, we are realizing a long-cherished dream. The small, innovative device combines various proven technologies and offers you valuable help for:

- Effective and stress-free learning
- Learning during sleep

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- Brain hemisphere synchronisation / alpha state
- Physical and mental balancing
- Activation of the vagus / parasympathetic nervous system
- Faster relaxation and meditation states
- Effective recording of audio and video learning content

NOW AVAILABLE TRIMEDEA

BALANCER

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We were inspired by the developments and work of Patrick Flanagan (Neurophone), Georgi Lozanov (Superlearning) and Vera F. Birkenbihl, the effects of pink noise, fast learning methods, and the synchronization of the left and right brain hemispheres.

The IQ Balancer generates biocompatible signals that can be used without additional devices or audio content. In just 20 minutes you can achieve deep physical and mental relaxation. Thanks to the externally inaudible ultrasound frequencies, your mind enters the alpha or

theta state in a short time. Sleep disorders are alleviated, stress states are dissolved. This also allows you to easily absorb languages and other learning content.

### **FUNCTIONS OF THE IQ BALANCER**

The device can be used as a stand-alone (without audio content) and with audio content.

#### **DEVICE USE AS STAND-ALONE, WITHOUT AUDIO CONTENT**

Output via sounders with skin contact:

- Ultrasound main/carrier signal: approx. 40-50 kHz
- Ultrasound + pink noise: approx. 1-20,000 Hz
- (biologically more effective)
- Automatically integrated biofeedback mechanism

#### **OUTPUT VIA SOUNDERS**

Output via sounders:

- Ultrasound main/carrier signal: approx. 40-50 kHz
- Ultrasound + pink noise: approx. 1-20,000 Hz (biologically more effective)
- Ultrasound + audio signal
- Ultrasound + pink noise + audio signal
- Integrated biofeedback mechanism

#### **OUTPUT VIA HEADPHONE SOCKET**

Output via headphone socket:

- Audio content via headphones or audio system
- Audio content plus pink noise via headphones or audio system

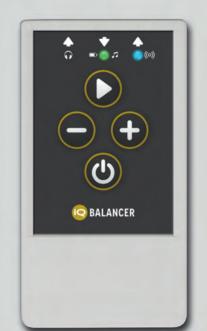
#### Operating the sounders

Place the two metal plates with the metal side on clean, fat-free and hairless areas of skin, e.g. on the loin, hip bone, forearm, temple, ankle, calf. The ideal combination is on the left front of the hip and the right back of the loin. Ensure that there is good contact with the skin. Secure the plates to the body, e.g. with a headband, bra, socks or trouser waistband. Ensure that the sounder plug is correctly inserted into the socket as far as it will go. When you have finished using the device, remove the jack plug from the sounder and switch the device off.

#### **RECOMMENDATIONS FOR USE**

Normally, we quickly sense what is good for us and what is less so. Sometimes this feeling changes after a certain time, so always pay attention to the feedback and signals from your body and mind. We recommend using the ultrasound signal in combination with pink noise, as this provides the body with a broad frequency spectrum that it can optimally utilize for itself due to resonance principles. Start with the pure ultrasound signal and switch on the pink noise if you wish. Feel inside yourself to see if it is more pleasant. If not, simply switch it off again.

Further detailed information on the history and development of the iQ Balancer technology can be found here: **gesundheit-und-sport.com/patrickflanagan** 





















#### **BIODIVERSITY AND COMPLEXITY**

Our power berries have it all and contain the most valuable things that nature has to offer us: lots of bioactive and bioavailable substances, such as vitamins, minerals, trace elements, enzymes, and secondary plant substances. Eight of the most valuable power berries are contained in Berry Vital with their countless bioactive and bioavailable ingredients. To make the most of the berry power, Jerusalem artichoke, ginseng, and lactic acid drops (RMS) are included.

Sun-ripened, freshly harvested, cold-pressed, no sugar or additives, no preservatives, no nanotechnology, and no added vitamins. One teaspoon per day (7ml) is enough to supply the body with the valuable and bioavailable ingredients – for more energy, well-being, and quality of life.

#### NUTRIENT BOOSTER FOR THE MITOCHONDRIA

Berry Vital has been developed and optimized over years by therapists for the benefit of our cells. People of all ages can take Berry Vital. Whether young or old, with complaints or for prevention, amateur athletes, or high-performance athletes: Berry Vital is the ideal nutrient booster and works right into the mitochondria.

#### INGREDIENTS

Concentrate of beetroot, blueberries, blackberries, cranberries, blackcurrants, elderberries, redcurrants, and Jerusalem artichoke juice, Aronia mother juice, ginseng powder, lactic acid drops



# AQUA naturalis

#### FILTER TECHNOLOGY FOR HEALTHY & PURE DRINKING WATER

The basis of all metabolic processes is our cell and body water. Every chemical reaction in the body takes place in a watery environment. The quality of our body water has a decisive influence on every metabolic reaction, and thus ultimately on our well-being and health. To provide our body with the best possible chemically pure and activated water daily, we have developed the AQUA Naturalis water filter system. Our claim for the development results from chemical, biological and biophysical criteria. For us, it is not only about producing chemically pure water, but also a living and activated water – like fresh spring water from artesian sources.

# BIOIOgical HEALTH KNOWLEDGE

#### **BASIC KNOWLEDGE OF HEALTH - EASILY EXPLAINED**

With our Health Compendium (currently only available in German language), we would like to take a closer look at the miracle of human beings, to make important connections more understandable. It offers the basics of the 5 biological laws of nature in connection with the vegetative nervous system and the laws of communication. The information is presented in a simple and understandable way. We do not use complicated words for basic processes that are simple, logical, and comprehensible. The great challenge is to use the new perspectives to question one's own thought patterns, dogmas, taboos, beliefs, and assumptions. If, after reading this, a second side of the coin becomes apparent to you, you can also make new decisions with this new information.

# BIOlogical COMMUNICATION

#### NEW PRINCIPLES IN OUR COMMUNICATION

You cannot solve the problems of this world with the mindsets that created them. Our solution: BIOlogical communication. To find a solution more quickly in personally difficult situations/emergencies, and to define intentions/goals for oneself that are realistic and thus significantly reduce stress and stress reactions, the book "Die kleine Stresslektüre" (The Little Stress Reading - currently only available in German language) offers a great deal of information and examples to help. The connections between our thinking and the physiological effects in our body become clear. For everyone who wants to get out of the eternal stress cycle!







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